

FEATURE



2-on-2 Sand Volleyball Tournament with I.M. Sports

Saturday, June 26

10 a.m. • Free • Nimitz Park

Open to SOFA Sponsored Personnel, ages 18 & older

Registration Deadline: Wednesday, June 23

Register at the Fleet Fitness Complex



THIS IS A CAPTAIN'S CUP EVENT.
EARN POINTS FOR YOUR COMMAND
TO WIN THE CAPTAIN'S CUP!

MONDAY, JUNE 21 - MONDAY, JUNE 28

MWR AT-A-GLANCE

WWW.MWRSASEBOJAPAN.COM

LUNCH SPECIALS

MONDAY-FRIDAY • 11 A.M.-2 P.M.

HARBOR VIEW CLUB

Monday

Lasagna

Tuesday

Sweet & Spicy Thai Shrimp

Wednesday

Meatloaf

Thursday

Pulled Pork

Friday

Flank Steak Frites

BRODIE'S

Monday

Brodie's Homestyle Day

Tuesday

Taco Rice Bowl

Wednesday

Brodie's Cheese Pizza

Thursday

Homestyle Meatloaf Sandwich

Friday

Loco Moco

ONGOING EVENTS

BINGO NIGHT

Every Wednesday

Doors open at 5 p.m. • Game starts at 6 p.m.

\$20 per package • Harbor View Club

Open to SOFA sponsored personnel,
ages 18 years & older (Guests are not allowed)

BRODIE'S HUMP DAY SPECIAL

1/2 OFF APPETIZERS

Every Wednesday

4-7 p.m. • Brodie's

50% off on speciality appetizers every Wednesday!

MONGOLIAN BARBECUE

Every Thursday Night

5-9 p.m. • 75¢ per oz

Harbor View Club - Sakata Ballroom

SUNDAY BRUNCH

Every Sunday

10 a.m.-2 p.m. • Harbor View Club - Sakata Ballroom

Ages 12 & up: \$15, Ages 6-11: \$7, Ages 5 & under: Free

MOVIE SCHEDULE

Movie schedule is subject to change without notice.

Visit <https://www.navy.mwr.org/programs/motion-pictures/theaters>

* = Free Admission

SHOWBOAT

NOTICE:

The Showboat Theater is only opened on Thursdays, Fridays, Saturdays and Sundays until further notice.

THURSDAY, JUNE 24

*Sonic the Hedgehog (PG) 1 p.m.
Spiral (R) 6:30 p.m.

FRIDAY, JUNE 25

*The Lion King (2019) (PG) 1 p.m.
F9: The Fast Saga (PG-13) 6:30 p.m.

SATURDAY, JUNE 26

F9: The Fast Saga (PG-13) 6:30 p.m.

SUNDAY, JUNE 27

F9: The Fast Saga (PG-13) 6:30 p.m.

HARIO VILLAGE

SATURDAY, JUNE 26

F9: The Fast Saga (PG-13) 3 p.m.

SUNDAY, JUNE 27

Cruella (PG-13) 3 p.m.

NEW MOVIES!



F9: THE FAST SAGA (PG-13)

UPCOMING . . .

Summer Reading Program

Pride Family Storytime at the MWR Library

Friday, June 25

2 p.m. • Free • Open to All Ages

Register at the MWR Library or via Facebook

@SaseboMWRLibrary

Mt. Hikosan Hike

with the Outdoor Adventure Center

Saturday, June 26

7 a.m.-6:30 p.m. • \$45 per person

Open to All SOFA Sponsored Personnel, Ages 18 & up

Registration Deadline: Thursday, June 24

Register at the Outdoor Adventure Center

Featured Tour!

Ceramic Art Making Class at Shidayaki Pottery Factory

with Travel & Tours

Saturday, June 26

All Seats: \$55

Departs: MB 7:45 a.m. • Hario 8:30 a.m.

Returns: Hario 3 p.m. • MB 3:30 p.m.

Registration Deadline: Thursday, June 24

Register at the Travel & Tours office or online on WebTrac.

Scheduled Paintball Game

with the Outdoor Adventure Center

Sunday, June 27

10 a.m.-2 p.m. • \$15 + Cost of paintballs
(\$59 per box of 2,000 rounds)

Open to All SOFA Sponsored Personnel, Ages 18 & up

Registration Deadline: Thursday, June 24

Register at the Outdoor Adventure Center

Independence Day:

Let Freedom Ring Celebration

Saturday, July 3

4-8:45 p.m. • Free Entry • Nimitz Park

Open to SOFA, MLC, IHA & HPT Personnel & their families

*See attached flyer for more information.

Glass Art Making

with Travel & Tours

Saturday, July 10

All Seats: \$45

Departs: Hario 8:15 a.m. • MB 9 a.m.

Returns: MB 3 p.m. • Hario 3:30 p.m.

Registration Deadline: Thursday, July 8

Register at the Travel & Tours office or online on WebTrac.

DIRECTORY

MWR ADMINISTRATION

Administration • 252-3472
Monday - Friday • 8 a.m. - 5 p.m.

Human Resources: 252-3328

FOOD & BEVERAGE

HARBOR VIEW CLUB
252-3965

CHOPS AMERICAN GRILL
252-2955

BRODIE'S
252-2977 / 252-2978

GALAXIES' NIGHTCLUB
252-2980

HARIO CANTINA
252-8857

SHOGUN CAFÉ (GALLEY)
252-3429

CHILD & YOUTH PROGRAMS

CHILD DEVELOPMENT CENTER
Main Base • 252-2985
Hario • 252-8842

SCHOOL AGE CARE CENTER
Main Base • 252-2989
Hario • 252-8763

TEEN CENTER
Main Base • 252-3797
Hario • 252-8968

YOUTH SPORTS & FITNESS
252-2989

FITNESS & AQUATICS

FLEET FITNESS COMPLEX • 252-3588
Welcome Center • 252-3595

HARIO FITNESS CENTER
252-8960

HOSPITALITY

NAVY GATEWAY INNS & SUITES
252-3794

COMMUNITY RECREATION

DEPLOYED FORCES SUPPORT
252-6896

AUTO/WOOD HOBBY SHOPS
252-3977

LIBERTY CENTER
252-3756

LIBRARY
252-3593

OUTDOOR ADVENTURE CENTER
252-3500

PAWS & CLAWS
252-2905

TRAVEL & TOURS
252-3433/2165

THEATERS

Showboat Theater • 252-3822/6996
Hario Village Theater • 252-8753

Movie times published weekly at
<https://www.navymwr.org/programs/motion-pictures/theaters>



JOIN OUR TEAM AT MWR SASEBO!

POSITIONS AVAILABLE INCLUDE:

LIFEGUARDS • BARTENDERS
CHILD & YOUTH PROGRAMS
FOOD SERVICES • RECREATION AIDS:
FITNESS • THEATER • LIBERTY CENTER
LIBRARY • OUTDOOR ADVENTURE CENTER

FOR WEEKLY JOB LISTINGS, VISIT:
[HTTPS://WWW.NAVYMWRSASEBO.COM/
DIRECTORY-MORE/JOB-OPPORTUNITIES](https://www.navymwrsasebo.com/directory-more/job-opportunities)

STAY CONNECTED!

FOLLOW US ON FACEBOOK & INSTAGRAM
@MWR SASEBO JAPAN

VISIT OUR OFFICIAL WEBPAGE AT
WWW.NAVYMWRSASEBO.COM



**SELECT
APPETIZERS
\$3.50!**

STARTING WEDNESDAY, JUNE 16!

**HUMP DAY
SPECIAL!**



**1/2 OFF
APPETIZERS**

EVERY WEDNESDAY

4-7 P.M.



BRODIE'S



FOR MORE INFORMATION,
CALL 252-2965.

**50% OFF ON SPECIALTY APPETIZERS EVERY
WEDNESDAY NIGHT; AVAILABLE ONLY DURING HAPPY HOUR!**

DINE-IN ONLY.

HUMP DAY SPECIAL!



**1/2 OFF
APPETIZERS**

**WEDNESDAY
NIGHTS
4-7 P.M. - BRODIE'S**



GOLDEN CORN DOGS

TWO CORN DOGS WITH YOUR CHOICE OF DIPPING SAUCE.

\$3.50

ITALIAN PRETZEL BITES

OVEN BAKED CHEESE FILLED PRETZEL BITES TOSSED IN PARMESAN SAUCE AND DIPPED IN MARINARA.

\$3.50

WINGS OF FIRE

BE CAREFUL! THESE WINGS HAVE A KICK!
INCLUDES 8 WINGS; SERVED WITH YOUR CHOICE OF DIPPING SAUCE.

\$3.50

CHICKEN TEMPURA

1/2 POUND GOLDEN FRIED CHICKEN.
SERVED WITH YOUR CHOICE OF DIPPING SAUCE.

\$3.50

BALLISTIC NACHOS

GOLDEN TORTILLA CHIPS LAYERED WITH SEASONED GROUND BEEF, CHILI, FRESH TOMATOES, GREEN ONIONS AND MELTED CHEDDAR CHEESE.

\$3.50

CHICKEN FRIES

1/2 POUND OF CHICKEN FRIES.
SERVED WITH YOUR CHOICE OF DIPPING SAUCE.

\$3.50

CHILI CHEESE FRIES

ONE POUND OF GOLDEN FRIES, CHILI AND MELTED CHEDDAR.

\$3.50



OPEN TO SOFA SPONSORED PERSONNEL, 18 & OLDER

≡≡≡ **2-ON-2 SAND** ≡≡≡ **VOLLEYBALL** **TOURNAMENT**

SATURDAY, JUNE 26

10 A.M. - NIMITZ PARK

Registration Deadline: Wednesday, June 23
Register at the Fleet Fitness Complex

If you missed out on the last sand volleyball tournament or just can't get enough, here's another chance! Get your beach attire together for some fun in the sun and sand!



FREE!



CAPTAIN'S CUP

**THIS IS A CAPTAIN'S CUP EVENT!
EARN POINTS FOR YOUR COMMAND
TO WIN THE CAPTAIN'S CUP!**

FOR MORE INFORMATION, CALL 252-6891.

OPEN TO SOFA SPONSORED PERSONNEL, AGES 18 & OLDER

2021

NOFFS GAMES

SASEBO JAPAN



SATURDAY,
SEPT. 25

9 A.M.-2 P.M.
(CHECK-IN BEGINS AT 8 A.M.)

NIMITZ PARK

\$25 per person with t-shirt Included

\$5 per person without t-Shirt

Registration Deadlines:

With T-Shirt: Monday, August 23

Without T-Shirt: Monday, September 20

Sign-up your **TEAM OF FOUR** in our first ever NOFFS Games! The top three teams to complete in this obstacle relay race involving NOFFS workouts wins a prize!

For more information, call 252-3595
or contact Kelly Stratoti at Kelly.Stratoti@fe.navy.mil

FOLLOW US ON SOCIAL MEDIA!

  @NAVYFITNESSSASEBO



OPEN TO SOFA, MLC & IHA PERSONNEL AND THEIR FAMILIES

- ALL PERSONNEL MUST PRESENT A PHOTO I.D. WHEN ENTERING THE PARK.
- IN THE CASE OF INCLEMENT WEATHER, THE EVENT WILL BE CANCELLED.
- LARGE BAGS AND BACKPACKS ARE SUBJECT TO SEARCH.
- NO OUTSIDE ALCOHOL OR PETS ARE ALLOWED IN THE PARK.

INDEPENDENCE DAY

LET FREEDOM RING
CELEBRATION!

**BLANKETS &
CHAIRS ARE
RECOMMENDED!**



SATURDAY, JULY 3

4-8:45 P.M. • FREE ENTRY • NIMITZ PARK

FIREWORKS DISPLAY WILL START AT APPROX. 8:30 P.M. (COURTESY OF USAA)

FOOD & DRINKS / LIVE MUSIC

CARNIVAL GAMES / FIELD ACTIVITIES / FIREWORKS



Neither MWR nor the U.S. Navy endorses any product or service of the mentioned sponsor.

For more information, call 252-3472 or 1802

Open to All CFAS, Ages 14 years & older

LIFEGUARD CHALLENGE



FRIDAY, JULY 30

12 p.m. • MB Outdoor Pool

**Registration Deadline:
Wednesday, July 28**

REGISTER AT THE FLEET FITNESS COMPLEX

SEE HOW FAST YOU CAN SWIM THE LIFEGUARD
PRE-REQUISITE SWIM TEST CONSISTING OF A
300M SWIM A, 2 MINUTE TREAD AND 1:40 BRICK TEST
AWARDS WILL BE GIVEN TO THE SWIMMER WHO
CAN COMPLETE ALL THREE TASKS THE FASTEST!



For more information, call 252-2925.