

SASEBO SUMMER SPLASHDOWN

JULY 1 – SEPTEMBER 30

THE SASEBO SUMMER SPLASHDOWN IS AN ALL-INCLUSIVE, POINT-BASED AQUATIC CHALLENGE DESIGNED TO PROMOTE FITNESS, COMMUNITY ENGAGEMENT, AND WATER SAFETY ACROSS CFA SASEBO. EARN POINTS THROUGH DISTANCE SWIMMING, ATTENDANCE, AND SPECIAL EVENTS TO "RANK UP!"

POINT SCORING MENU

EARLY BIRD "SUNRISE CLUB" (SWIM BEFORE 8 A.M.)	2
NIGHT OWL "EVENING CLUB" (SWIM AFTER 5 P.M.)	2
500M SWIM (10 LAPS)	3
AQUATIC WORKOUT OF THE DAY	3
HYDRO BURN CLASS	5
PRIVATE OR GROUP SWIM LESSON	5
"BEAT THE LIFEGUARD" (WEEKLY 50M SPRINT)	10
ATTEND A MWR AQUATIC SPECIAL EVENT	25

BONUS MISSIONS

JULY

THE INDEPENDENCE 1776

AUGUST

THE CENTURY WEEKEND

SEPTEMBER

THE HARBOR ENTRY

+50
PTS

RANKS AND REWARDS

NIMITZ NAVIGATOR

(100+ PTS)



REWARD:
COOLING TOWEL

KUJUKUSHIMA CRUISER

(300+ PTS)



REWARD:
WATERPROOF DRY BAG

YUMIHARI SUMMIT SEEKER

(600+ PTS)



REWARD:
MUG WITH STRAW

SAIKAI WHIRLPOOL

(1,000+ PTS)



REWARD:
BEACH TOWEL

START YOUR VOYAGE TODAY!

FREE TO ENTER, JUST PICK UP YOUR NAVIGATOR'S LOG AT AN AQUATICS FACILITY
FOR QUESTIONS OR MORE INFORMATION, PLEASE CONTACT 252-2925

