

# SHOWCASE

## MAGAZINE



DECEMBER 2019 - FEBRUARY 2020



Harbor View Club Presents....

# Valentine's Dinner & Dance

**Friday, February 14**

**6-9 p.m. • \$40 per person**

**Harbor View Club – Sakata Ballroom**

**Open to Ages 20 years & older**



*Join us for an elegant evening of cocktails, a prix fixe menu and dessert stations, live music, and dancing. Tickets will be available for purchase at the Harbor View Club Cash Cage starting Tuesday, January 14.*

*For more information,  
call 252-3965.*



## FEATURED

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# SHOWCASE MAGAZINE

DECEMBER 2019 - FEBRUARY 2020

## COMMANDER FLEET ACTIVITIES SASEBO

CAPT BRAD STALLINGS

## CHIEF STAFF OFFICER

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## WEBSITE

NAVYMWRSASEBO.COM

## FACEBOOK

MWR SASEBO JAPAN



# HARBOR VIEW CLUB

252-3965

## HOURS OF OPERATION

### CHOPS AMERICAN GRILL

#### BREAKFAST

Monday-Saturday 6:30 - 10 a.m.

#### LUNCH

Monday-Saturday 11 a.m. - 2 p.m.

#### DINNER

Monday-Saturday 5 - 9 p.m.

### EL CID'S TAVERN

Monday 4:30 - 11 p.m.

Saturday-Sunday 4:30 - 11 p.m.

### HARBOR CAFE

Monday-Friday 7 a.m. - 7 p.m.

Saturday-Sunday 8 a.m. - 7 p.m.



## Valentines Dinner & Dance

Friday, February 14

6-9 p.m. • \$40 per person • Sakata Ballroom

Join us for an elegant evening of cocktails, a prix fixe menu and dessert stations, live music, and dancing.



## COFFEE SHOP

### DECEMBER SPECIAL

Mint Chocolate Mocha

### JANUARY SPECIAL

Caramel Mocha

### FEBRUARY SPECIAL

Raspberry White  
Chocolate Mocha



## Christmas Buffet

Wednesday, December 25

11 a.m.-5 p.m. • Ages 11 years & older: \$22, Ages 6-10 years old: \$9, Ages 5 years & under: Free

We will be serving all of your holiday favorites such as, turkey, dressing, glazed ham, mashed potatoes and gravy, candied yams, cranberry sauce, pumpkin pie, and much, much more! Reservations are required; however, walk-ins will be permitted if space is available. Last seating is at 4:30 p.m.



## New Years Gala

Tuesday, December 31

7 p.m.-12 a.m. (Doors open at 7 p.m.) • \$49 per person

Join us at the Harbor View Club to ring in the New Year in style! Start the new year the right way with all the traditional New Year's foods and even some new ones! Enjoy our special champagne cocktails, included with price of entry! We'll have music, dancing, and more!

## COMING IN MARCH

Spring Fling  
Second  
Chance  
Prom







## LUNCH SPECIALS

**SERVED MONDAY-FRIDAY • 11 A.M. - 2 P.M.**

**\$10.50**

INCLUDES ONE TRIP TO THE SALAD BAR  
AND YOUR CHOICE OF ICED TEA OR COFFEE

**\$8.50**

INCLUDES YOUR CHOICE OF  
ICED TEA OR COFFEE

## DECEMBER

### MONDAY

PORK CHOP SERVED WITH  
MUSHROOM GRAVY, ROASTED POTATOES  
& MIXED VEGETABLES

### TUESDAY

SPAGHETTI & MEATBALLS  
SERVED WITH GARLIC BREAD

### WEDNESDAY

BBQ CHICKEN SERVED WITH  
COLESLAW AND BAKED BEANS

### THURSDAY

BEEF STEW SERVED WITH BISCUITS

### FRIDAY

SOUTHWESTERN CHICKEN & RICE BOWL

## JANUARY

### MONDAY

TURKEY & DRESSING SERVED WITH  
GREEN BEANS AND A DINNER ROLL

### TUESDAY

BAKED HAM SERVED WITH MASHED  
POTATOES, GRAVY, CORN AND BREAD

### WEDNESDAY

PORK CARNITAS SERVED WITH  
MEXICAN RICE AND BLACK BEANS

### THURSDAY

ROAST CHICKEN SERVED WITH  
BAKED POTATO AND BROCCOLI

### FRIDAY

STEAK & MUSHROOM RICE BOWL

## FEBRUARY

### MONDAY

SHRIMP & GRITS

### TUESDAY

LASAGNA SERVED WITH GARLIC BREAD

### WEDNESDAY

SOUTHWESTERN BUDDHA BOWL

### THURSDAY

TERIYAKI CHICKEN SERVED WITH  
GARLIC MASHED POTATOES

### FRIDAY

FLANK STEAK FRITES SERVED  
WITH SAUTÉED ONIONS  
AND STEAKHOUSE SAUCE



## MONGOLIAN BARBECUE

**Every Thursday  
starting on January 16**

5-9 p.m. • 75¢ per oz.

Guess within 5¢ of your meal's  
total price and eat for free!

## BINGO NIGHT

**Every Wednesday  
starting on January 15**

Doors open at 5 p.m. • Games start  
at 6 p.m. • \$20 per package  
Open to SOFA sponsored personnel,  
ages 18 years & older.  
(Guests are not allowed)



## SUNDAY BRUNCH

**Every Sunday**

10 a.m. - 2 p.m.

Ages 12 & up: \$15, Ages 6-11: \$7,

Ages 5 & under: Free

## HAPPY HOUR AT CHOPS

**Every Monday-Friday  
4-5 p.m.**

End your work day and relax at Chops.  
Enjoy refreshing ice cold beverages  
& drink specials, and sample some  
great appetizers.





# BRODIE'S

252-2977/2978

## HOURS OF OPERATION

Sunday-Thursday 11 a.m. - 11:30 p.m.  
Friday-Saturday 11 a.m. - 1 a.m.

# GALAXIES

252-2980

## HOURS OF OPERATION

Sunday-Wednesday closed  
Thursday 7 p.m. - 12 a.m.  
Friday-Saturday 7 p.m. - 2 a.m.  
Lounge Opens daily at 11 a.m.

# HARIO CANTINA

252-8857

## HOURS OF OPERATION

Sunday-Wednesday closed  
Thursday-Saturday 6 p.m. - 12 a.m.

## Pro Football Playoffs & Pigskin Pick 'Em Wild Cards:

Sunday, January 5 - Monday, January 6  
Divisional Round:

Sunday, January 12 - Monday, January 13  
Conference Championships:

Monday, January 20

10 a.m. • Free Entry • Brodie's

Come out and feel the excitement of the pro football playoffs and don't forget to check out our new \$5 game day menu. It's guaranteed to be a good time, so don't miss out on a single moment of the high-flying action! Plus, we have you covered with wall to wall HDTV coverage, surround sound and game day food and drink specials you won't want to miss! The kitchen and bar will be open early on both days. So, get there, grab a spot and fill out your Pigskin Pick Em' brackets for a chance to score even more cool swag from the prize penthouse!

## College Football Sundays

### Sundays in December

11 a.m. • Free • Brodie's

Kick back at Brodie's and enjoy the best college football games all day! Grab "dine-in" only single topping 12" Pizzas for just \$9 apiece, and boneless wing baskets, including our College Fight Flavor, Asian BBQ, for just \$7!

## College Football Playoffs & Title Game

### Sunday, December 29 & Tuesday, January 14

10 a.m. • Free Entry • Brodie's

Watch the culmination of the college football season at Brodie's. With wall-to-wall television coverage, full audio and game day food specials to boot, you don't want to miss out on this party! The kitchen and bar will be open early on both days. Get there early and fill out your 'Pig-skin Pick 'Em' brackets for a chance to score some cool swag from the prize penthouse!

## Brodie's Big Game Buffet & Bash

### Monday, February 3

Doors open at 8 a.m. • Free Entry  
(food & drinks available for purchase)

### Brodie's & Galaxies' Third Floor

It's one of America's loudest and proudest unofficial holidays! Get your game face on at Brodie's for the championship of professional football; broadcast live in HD on both floors. Brodie's Footballer Buffet will have you double covered from breakfast to lunch, along with super drink specials, quarterly prize giveaways and a paper football kicking contest!



## Wings n' Things Wednesdays

### Wednesdays • 11 a.m.-Closing

Winter is coming my friends, brace yourselves, and be armed with meaty wings on Wednesdays, warming up with our new wings-clusive 'Pints & Pounders' special wings by the pound or our new 'Wings & Things' combo platter. Your weekend just came early!

### Choose any combo:

(Please order all 'Pints & Pounders' specials at the bar.)

### Pints & Pounders Special

Domestic Beer: \$12 • Craft Beer: \$16

Includes 1 pound of wings & 1 pint of brew.

### Wings n' Things Combo Platter • \$10

Includes five boneless wings, five traditional wings, four mac bites, celery sticks and French fries.

### Wings by the Pound • \$10 per pound

Includes a wing sauce of your choice  
& either celery sticks or cabbage salad.







## LUNCH SPECIALS

SERVED MONDAY-FRIDAY • 11 A.M. – 2 P.M.  
(EXCEPT ON HOLIDAYS)

\$6.75 • SERVED WITH A FOUNTAIN DRINK

## DECEMBER

### MONDAY

BRODIE'S GYRO  
SERVED WITH FRENCH FRIES

### TUESDAY

JUMBO CHILI CHEESE DOG  
SERVED WITH CHIPS

### WEDNESDAY

8" SINGLE TOPPING PIZZA

### THURSDAY

ADOBO CHICKEN WINGS N' RICE

### FRIDAY

ORIENTAL CHICKEN CARVER WRAP  
SERVED WITH SESAME DRESSING AND CHIPS

## JANUARY

### MONDAY

BBQ PULLED PORK SANDWICH  
SERVED WITH FRENCH FRIES

### TUESDAY

BEEF QUESADILLA  
SERVED WITH RICE AND BEANS

### WEDNESDAY

8" SOUTHWESTERN TACO PIZZA

### THURSDAY

BUFFALO CHICKEN RICE BOWL

### FRIDAY

TURKEY, BACON & AVOCADO WRAP  
SERVED WITH CHIPS

## FEBRUARY

### MONDAY

GENERAL TSO'S RICE BOWL

### TUESDAY

GOLDEN FRIED PORK KATSU  
SERVED OVER STEAMED RICE

### WEDNESDAY

8" SINGLE TOPPING PIZZA

### THURSDAY

TEXACALI STEAK PITA  
SERVED WITH COLESLAW

### FRIDAY

MCBRODIE'S FISH SANDWICH  
SERVED WITH FRENCH FRIES

## New Years Eve

Tuesday, December 31

10 p.m.-1 a.m.

**Brodie's Oasis Bar & Hario Cantina**

Open to All CFAS, Ages 20 years & older  
Ring in the New Year with great friends,  
great music and great libations at both  
locations! Let's get down with the count-  
down and our complimentary champagne  
toast to usher in 2020. Free finger foods  
(while supplies last) and Huis Ten Bosch's  
show to follow at the Hario Cantina!



## Monday Mayhem Pool Tournaments

First Monday of each Month

7 p.m. • Brodie's • \$10

(includes a signature pizza & pool games)

Open to Ages 18 years & older

Chalk up, call your shot and go up against  
Sasebo's best to see who's the King Shark  
of Billiards. Register at Brodie's Cash Cage  
or check in at the bar.

## Ol' School Saturdays Every Saturday Night

7 p.m.-12 a.m. • Free  
Galaxies' Third Floor

Our house DJ spins the best hip-hop and  
R&B from the 80's, 90's & early 2000's—  
from Silk to Spice to Vanilla Ice. Come  
watch authentic vinyl spun live on stage,  
and get in the groove up at the new third  
floor Galaxies' game zone! If you've got  
mix skills and wanna get in on the action,  
give us a holla at the DJ Booth.

## Latin Dance Nites Every Friday Night

7 p.m.-12 a.m. • Free

Galaxies' Third Floor

Open to Ages 18 years & older

Get your groove on at our caliente Latin  
nite, and chill out with one of our signature  
margaritas or mojitos (available during  
these hours only)! Salsa instructors will be  
present (when available) at 7 p.m. to teach  
you some hot new moves!

Latin Nites will move to Thursday nights  
starting in January 2020. See you there!

## UFC & Boxing Pay-Per-View

UFC 245: Sunday, December 15

UFC 246: TBD

UFC 247: TBD

10 a.m. • Free • Brodie's

Don't miss any of our UFC Pay-Per-View  
events for free, as well as great food and  
drink specials. Give us a call or check the  
web for the latest updated schedules,  
plus keep an eye out for this killer fight:  
Anthony Joshua vs. Andy Ruiz Jr rematch  
on Sunday, December 8th (details to  
come).

## HARIO CANTINA HAPPENINGS

### Steel Tip Cricket

Every Friday Night

7 p.m. • Hario Cantina

Show us how you can sink a few darts into the  
bull's eye! Winners will have their name displayed  
above the dart board proclaiming their greatness  
...until the next winner is determined!

### Margarita's & Manicures

Saturday, February 15

\$10 (price includes light hors d'oeuvres  
& "take home" make-up kits)

7-10 p.m. • Hario Cantina & Patio

Open to All CFAS, Ages 20 years & older

Marg's and mani's is back ya'll! Come join us  
Saturday evening & wile away the hours mak-  
ing new friends, catching up with old ones  
or just dolling up those nails with a signature  
cantina-rita in your free hand!





# SHOWBOAT THEATER

252-6996

## Month of "The Rock"

### Wednesdays in January

6:30 p.m. • Free Admission

Open to All CFAS, Ages 13 years & older  
(Children ages 12 years & under must be  
accompanied by a parent or legal guardian)  
Schedule is subject to change without notice.

Celebrate Dwayne "The Rock" Johnson  
movies on the big screen for free.

### January 1

Jumanji: Welcome to the Jungle (PG-13)

### January 8

Central Intelligence (PG-13)

### January 15

Rampage (PG-13)

### January 22

Skyscraper (PG-13)

### January 29

The Fate of The Furious (PG-13)

## Date Nights

### Wednesday in February

6:30 p.m. • Free Admission

Open to All CFAS, Ages 13 years & older  
(Children ages 12 years & under must be  
accompanied by a parent or legal guardian)  
Schedule is subject to change without notice.

### February 5

Shallow Hal (PG-13)

### February 12

The Choice (PG-13)

### February 19

My Big Fat Greek Wedding 2 (PG-13)

### February 26

La La Land (PG-13)

## Star Wars Mania Marathon!

### Sundays in December

2 p.m. (Doors open at 1:30 p.m.)

Free Admission

All movies are rated PG-13 (Children 12 years & under  
must be accompanied by a parent or legal guardian)  
Schedule is subject to change without notice.

Catch all the previously released Star Wars  
movies back on the big screen for free! Buy  
a Large Popcorn & drink "combo" to enter  
a drawing for two free advance movie tick-  
ets to the premiere of Star Wars: The Rise of  
Skywalker". Two winners will be drawn after  
each show. Winners can only be awarded  
once. Participants must be SOFA sponsored  
in order to enter the drawing.

## Original Trilogy

### Sunday, December 1

2 p.m.

Episode IV: A New Hope

4:10 p.m.

Episode V: The Empire Strikes Back

6:30 p.m.

Episode VI: Return of the Jedi

## Prequel Trilogy

### Sunday, December 8

2 p.m.

Episode I: The Phantom Menace

4:20 p.m.

Episode II: Attack of the Clones

6:50 p.m.

Episode III: Revenge of the Sith

## Sequel Trilogy

### Sunday, December 15

2 p.m.

Episode VII: The Force Awakens

4:20 p.m.

Episode VIII: The Last Jedi

**Episode IX: The Rise of Skywalker**  
will premiere on Friday, December 20 at regular  
admission price. See movie listings for times.



# HARIO VILLAGE THEATER

252-8753

## Classic Christmas Movie Nights

### Thursdays in December

5:30 p.m. • Free Admission

Open to All SOFA Sponsored Personnel,  
All Ages • Schedule subject to change  
without notice.

### December 5

A Christmas Story (PG)

### December 12

The Star (PG)

### December 19

Dr. Seuss' The Grinch (PG)

## \$2 Pop N' Thursdays

### Thursdays in January

5:30 p.m. • Ticket Prices:

Adults: \$3 • Children: \$2

Enjoy a 32 oz. popcorn and regular pop  
(soft drink) for only \$2.

## Dollar Movie Nights

### Thursdays, in February

5:30 p.m.

Ages 6 years & older: \$1

Ages 5 years & under: Free

Open to All SOFA Sponsored Personnel, All Ages







## • FEATURE PREMIERE •

### STAR WARS: THE RISE OF SKYWALKER

Premieres Friday, December 20 at Showboat & Hario Village Theater.

See movie schedule for additional show times.

Commemorative tickets will be given as proof of purchase for the Friday, December 20 showings only.

#### ADVANCE ONLINE TICKETS

Online tickets for all scheduled shows will be available for purchase beginning Friday, December 13 at 1 p.m. until online tickets are sold out.

Present your online receipt number at the door to collect your commemorative ticket for the premier showing on Friday, December 20.

#### ADVANCE DOOR TICKETS

Showboat Theater Tickets will NOT be available for purchase at Village Theater at any time.

#### Showboat Theater

Monday, December 16 –  
Thursday, December 19  
4–7 p.m.

#### Hario Village Theater

Thursday, December 19  
4:30–6:30 p.m.

Both Showboat and Village Theater tickets will be available for purchase until sold out.

Call 252-6996 / 6997 or visit your MWR Theaters for details.

# Where to?

American Forces Travel is the official leisure travel website for the Department of Defense.

## 4 Simple Steps

#### GET STARTED:

- Visit [www.americanforcetravel.com](http://www.americanforcetravel.com)
- Click “Get Started”
- Verify Eligibility
- Start Traveling



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For more details, contact your Tickets and Travel Office or visit

**[www.americanforcetravel.com](http://www.americanforcetravel.com)**

\*For Eligible Patrons







## TRAVEL & TOURS

252-3433

**HOURS OF OPERATION**

|                  |                  |
|------------------|------------------|
| Monday-Saturday  | 10 a.m. - 6 p.m. |
| Sunday           | closed           |
| Federal Holidays | closed           |

**AGE GUIDELINES FOR TRIPS**

|        |                 |
|--------|-----------------|
| Adult  | Ages 18 & older |
| Junior | Ages 6 - 17     |
| Child  | Ages 2 - 5      |
| Infant | Ages 1 & under  |

**SIGN-UP RULES**

- Sign-ups will not be accepted at tour departures.
- Registration deadlines for day tours will be on the Thursday prior to the scheduled date of the tour unless otherwise indicated.
- You can sign up for tours online at:  
<https://myffr.navyaims.com/saseborec.html>

**ON THE ROAD PROGRAM**

Look for Travel & Tour trips marked with “On the Road” and receive a coupon good for \$5 off your next visit to the Harbor Café. Coupons for qualifying trips will be given to you on the day of your adventure by your guide at the Hario pick up point.

**LIBERTY BLUE JACKET PROGRAM**

All Single or Unaccompanied E5 and below are eligible for special pricing with the Liberty Program. Just look for the Liberty Blue Jacket price on eligible trips and events throughout the entire showcase magazine.





# DECEMBER TRIPS

## FEATURE TRIP



ON THE ROAD

### TAO! Concert in Fukuoka "The Drummers Final"

**Saturday, December 14 • Registration Deadline: Friday, November 15**

All seats: \$99 • Departs: MB 9:15 a.m. • Hario 10 a.m. • Return: Hario 7:30 p.m. • MB 8 p.m.

Tribal costumed drum virtuosos entertain with pulse-pounding taiko drumming and acrobatic moves in this energetic performance.

Online registration via WebTrac is not available for this trip.



### Kurokawa Spa (Onsen Hopping) Sunday, December 1

Adults: \$60, Junior/Child \$55, Infant: \$50

Depart: MB 8 a.m. • Hario 8:45 a.m.

Return: Hario 8 p.m. • MB 8:30 p.m.

Experience outdoor hot springs at their best. Take your choice of 3 different open air hot springs from a selection of more than 20.



ON THE ROAD

### Kagoshima Overnight

**Saturday December 7 -  
Sunday, December 8**

Registration Deadline: Friday, November 29

Single Room: \$147

Double Room (Adult/Junior): \$195 per 2 persons,  
(Child/Infant not requiring a bed): \$68

Twin Room (Adult/Junior): \$224 per 2 persons,  
(Child/Infant not requiring a bed): \$68

Depart Saturday: MB 6:30 a.m. • Hario 7:15 a.m.

Return Sunday: Hario 5 p.m. • MB 5:30 p.m.

Visit Kirishima Shrine built around the 6th century, explore Sakurajima one of the most active volcanos in Japan and take in the breathtaking scenery at the Iso Garden a Japanese style landscape garden.

Online registration via WebTrac is not available for this trip.



### Costco

**Sunday, December 15**

All seats: \$30

Depart: MB 7:45 a.m. • Hario 8:30 a.m.

Return: Hario 3:30 p.m. • MB 4 p.m.

This trip takes you to the world's largest membership warehouse chain and includes a 1-day membership card.

Online registration via WebTrac is not available for this trip.



### Holiday Illumination in Fukuoka Saturday, December 21

All seats: \$35

Depart: MB 12:45 p.m. • Hario 1:30 p.m.

Return: Hario 11:30 p.m. • MB 12 a.m.

Fukuoka City transforms into a glimmering night-time wonderland around December every year as shops and public spaces display elaborate Holiday lights.



### African Safari

**Sunday, December 22**

Adult/Junior: \$70, Child/Infant: \$60

Depart: MB 7:45 a.m. • Hario 8:30 a.m.

Return: Hario 7:30 p.m. • MB 8 p.m.

Experience the thrill of going through the jungle in a bus and feeding wild animals at the largest safari park in Japan, with 70 species and 1400 animals in all!



ON THE ROAD

### Harmonyland

**Saturday, December 28**

Adult/Junior/Child: \$50, Infant: \$30

Depart: MB 7:45 a.m. • Hario 8:30 a.m.

Return: Hario 8 p.m. • MB 8:30 p.m.

Located in Oita, Harmonyland is an outdoor theme park where you can meet Sanrio characters such as Hello Kitty, Cinnamon, My Melody and more!



### Pottery Making Class at Arita Porcelain Park

**Sunday, December 29**

All seats: \$50

Depart: MB 10:15 a.m. • Hario 11 a.m.

Return: Hario 3:15 p.m. • MB 3:45 p.m.

Try your hand at using a pottery wheel to make your own porcelain piece in Arita town, the birthplace of ceramics in Japan.



# JANUARY TRIPS

FEATURE TRIP



## Hells Tour of Beppu

Sunday, January 19

Adults: \$59, Junior/Child: \$49, Infant: \$39

Departs: MB 7:15 a.m. • Hario 8 a.m. • Return: Hario 7:30 p.m. • MB 8 p.m.

Visit the spectacular Beppu Jigoku Meguri which literally means “the hell tour of Beppu”. Watch as they bubble and boil in different colors and types.



## Noritake Factory Outlet Sale & Okawachi-Yama Sunday, January 5

All Seats: \$30

Depart: MB 7:15 a.m. • Hario 8 a.m.

Return: Hario 1:30 p.m. • MB 2 p.m.

At Noritake Factory Outlet you can peruse and buy the famous Noritake tableware during the factory's first sale of the year. Then we will visit the village of the secret kilns where arguably some of the finest porcelain in the world was produced.



## Nagasaki City Day Tour Saturday, January 11

Adults: \$50, Junior: \$44, Child/Infant: \$35  
Liberty Blue Jacket: \$25

Depart: MB 7:45 a.m. • Hario 8:30 a.m.

Return: Hario 7 p.m. • MB 7:30 p.m.

On August 9th, 1945 at 11:02 a.m., the city of Nagasaki changed forever. Learn more about this day when you visit the Peace Park, Atomic Bomb museum and other historical sights of Nagasaki.



## Karatsu City Day Tour Sunday, January 12

Adult/Junior: \$42, Child: \$37, Infant: \$33

Depart: MB 7:45 a.m. • Hario 8:30 a.m.

Return: Hario 5 p.m. • MB 5:30 p.m.

Karatsu City is a castle town blessed with a variety of beautiful, natural scenery including a beautiful coastline.



LIMITED AVAILABILITY

## Japanese Tea Ceremony Saturday, January 18

All seats: \$40

Depart: Hario 12 p.m. • MB 12:45 p.m.

Return: MB 5:30 p.m. • Hario 6 p.m.

This trip takes you to the beautiful island of Hirado where you will be introduced to an authentic Japanese Tea Ceremony.



## Taiko Drum Class Monday, January 20

All Seats: \$70

Depart: MB 7:45 a.m. • Hario 8:30 a.m.

Return: Hario 5:30 p.m. • MB 6 p.m.

March to a beat all your own as you learn to play the Japanese traditional drum.



## Yutoku Inari Shrine & Sake Mill Saturday, January 25

All seats: \$35

Depart: MB 9 a.m. • Hario 9:45 a.m.

Return: Hario 3:30 p.m. • MB 4 p.m.

Yutoku Inari-jinja, located in Saga Prefecture, is one of the largest Inari-jinja (shrines sacred to the god of business prosperity) in all of Japan!



## Temples of Hirado Sunday, January 26

Adult/Junior: \$35, Child/Infant: \$30

Depart: Hario 8:15 a.m. • MB 9 a.m.

Return: MB 4 p.m. • Hario 4:30 p.m.

Visit Saikyou-ji, Komyo-ji and Zuibun-ji, three historical temples on the beautiful island of Hirado!

ON THE ROAD



# FEBRUARY TRIPS

FEATURE TRIP



ON THE ROAD

**Nagasaki Lantern Festival Overnight**  
Saturday, February 1 - Sunday, February 2 • Registration Deadline: Tuesday, January 14  
Single Room (Adult): \$145 • Twin/Double Room (Double Occupancy) Adult/Junior: \$125  
Child/Infant (Not requiring an extra bed): \$50  
Departs: MB 12:45 p.m. • Hario 1:30 p.m. • Return: Hario 1 p.m. • MB 1:30 p.m.  
On this tour we will celebrate the Nagasaki Lantern Festival with Thousands of lanterns on display, the festival includes fireworks, Chinese acrobatics, lion dances and dragon dances just to name a few.  
Online registration via WebTrac is not available for this trip.



**Nagasaki Lantern Festival**  
Saturday, February 8  
All Seats: \$35  
Depart: MB 1 p.m. • Hario 1:45 a.m.  
Return: Hario 11 p.m. • MB 11:30 p.m.  
About 15,000 colorful lanterns decorate the exotic city of Nagasaki during the festival.



**Strawberry Picking & Tosu Premium Outlets®**  
Sunday, February 9  
Adult/Junior: \$45, Child/Infant: \$39  
Depart: MB 7:45 a.m. • Hario 8:30 a.m.  
Return: Hario 5:30 p.m. • MB 6 p.m.  
At Yamandon Fruit Farm, pick berries to your heart's content and try the café which uses fresh strawberries in desserts then on to Tosu Premium Outlets®.



**Moji Retro Town Day Tour**  
Saturday, February 15  
Adults/Junior: \$45, Child/Infant: \$36  
Depart: MB 7:45 a.m. • Hario 8:30 a.m.  
Return: Hario 7 p.m. • MB 7:30 p.m.  
The Port of Moji, Mojiko, has a rich history of over 140 years from the beginning of the Meiji Era (1872-1914) through today.



ON THE ROAD

**Ramen & Gyoza Making**  
Sunday, February 16  
All Seats: \$59  
Depart: MB 6:45 a.m. • Hario 7:30 a.m.  
Return: Hario 6 p.m. • MB 6:30 p.m.  
Learn to make your own ramen noodles & gyoza from scratch and enjoy them with the famous Shiromaru Tonkotsu soup from the Ippudo Ramen Restaurant.



**Dazaifu Shrine Walking Tour & Kimono Dressing Experience**  
Saturday, February 22  
All Seats: \$65  
Depart: MB 7:45 a.m. • Hario 8:30 a.m.  
Return: Hario 6:30 p.m. • MB 7 p.m.  
Try on a beautiful Japanese kimono and stroll around the famous Dazaifu Shrine while thousands of plum trees are in blossom!



**Saga Space and Science Center**  
Sunday, February 23  
Adult: \$35, Junior/Child/Infant: \$29  
Depart: MB 8:15 a.m. • Hario 9 a.m.  
Return: Hario 4 p.m. • MB 4:30 p.m.  
The Saga Space Science Center offers opportunities to learn in a fun and interesting way.



ON THE ROAD

**Cat Lover in Arita: An Interactive Multimedia Artform Tour**  
Saturday, February 29  
All Seats: \$40  
Depart: MB 9:45 a.m. • Hario 10:30 a.m.  
Return: Hario 3:30 p.m. • MB 4 p.m.  
Paint your very own unique design on a porcelain kitty, and visit Dakara a store featuring illustrated feline comics portraying the history of porcelain in Arita.



# OUTDOOR ADVENTURE CENTER

252-3500

## HOURS OF OPERATION

|                                      |                  |
|--------------------------------------|------------------|
| <b>Monday, Thursday &amp; Friday</b> | 11 a.m. - 6 p.m. |
| <b>Saturday &amp; Sunday</b>         | 8 a.m. - 6 p.m.  |
| <b>Tuesday &amp; Wednesday</b>       | closed           |
| <b>Federal Holidays</b>              | closed           |

## SIGN-UP RULES

- All minors (ages 17 years & under) must be accompanied by a parent or legal guardian on all eligible Outdoor Adventure Center trips.
- Registration deadlines for all trips is the Thursday prior to each trip.
- You can sign up for trips online at:  
<https://myffr.navyaims.com/saseborec.html>

## PAINTBALL AT HARIO FIELD

- Open to all SOFA Sponsored Personnel, ages 18 years & up.
- All game prices include transportation and equipment. Paintballs can be purchased at the Hammerhead Dive Shop.
- We will also have a grill set up on the field, so bring your BBQ to the game!
- A minimum of 8 people are required to run a game. The registration deadline is the Thursday prior to each game.
- Reserve your own private game on Monday, Thursday or Friday!

### Paintball at Hario

**Sundays, January 5 & February 2**  
10 a.m.- 2 p.m. • \$15 + cost of paintballs  
(\$59 per box of 2,000 rounds)

## SPECIAL PAINTBALL EVENTS AT HARIO

### Reindeer Paintball

**Sunday, December 22**  
10 a.m.-2 p.m. • \$15 + cost of paintballs  
(\$59 per box of 2,000 rounds)

Join either the reindeer or elf teams to determine the holiday paintball champions!

### Leap Year Paintball

**Saturday, February 29**  
10 a.m.-2 p.m. • \$15 + cost of paintballs  
(\$59 per box of 2,000 rounds)

## RENTALS

The Outdoor Adventure Center has fishing poles, canopies, BBQ grills, tables, chairs, SCUBA equipment, bicycles, complete hiking gear and camping packages available for rent at low prices. Stop by today and let us outfit you.



## WINTER HIKING ADVENTURES

- Registration deadline for all hikes is the Thursday prior to each trip.
- All hikes include transportation and guide.

### ADULT HIKES & STROLLS OPEN TO ALL SOFA SPONSORED PERSONNEL, AGES 18 YEARS & UP

#### Mt. Kurokami Hike

**Saturday, December 21**  
8 a.m.-8 p.m. • \$50 per person  
Difficulty Level: 4

Enjoy the beautiful fall foliage with this challenging hike!

#### New Year's Resolution Walk

**Saturday, January 4**  
10 a.m.-5 p.m. • \$10 per person  
Difficulty Level: 3

Great way to burn off some of those holiday treats.

#### Hirado Loop Walk

**Sunday, January 12**  
9 a.m.-5 p.m. • \$15 per person  
Difficulty Level: 2  
Enjoy the views on this long walk around the town of Hirado!

#### Mt. Atago Hike

**Sunday, February 9**  
1-5 p.m. • \$5 per person  
Difficulty Level: 2  
Steep, but a nice challenge on a Sunday afternoon!

### FAMILY HIKES & STROLLS OPEN TO ALL SOFA SPONSORED PERSONNEL, ALL AGES

#### Senryu Waterfall

**Sunday, December 1**  
1-5 p.m. • \$5 per person  
Difficulty Level: 2

#### Oshima Island Bridge Walk

**Sunday, December 8**  
1-5 p.m. • \$10 per person  
Difficulty Level: 2

#### Coffee Crawl

**Saturday, December 28**  
10 a.m.-2 p.m. • Free  
Difficulty Level: 1

Burn off some holiday haze with a mega dose of caffeine and a nice walk. Don't forget to bring ¥en for coffee!

#### Hario Dog Walk

**Sunday, December 29**  
1-4 p.m. • Free  
Difficulty Level: 1

Come meet some four-legged friends as we depart from the Hario Community Center!

#### Takeo Town Walk & Onsen Stroll

**Saturday, February 15**  
9 a.m.-6 p.m. • \$15 per person  
Difficulty Level: 2

Enjoy a walk through a famous Kyushu onsen town! Please bring ¥en for snacks and the onsen.

#### Main Base Dog Walk

**Sunday, February 23**  
1-5 p.m. • Free  
Difficulty Level: 1  
Come meet some four-legged friends!





## FISHING

- Open to All SOFA Sponsored Personnel, Ages 13 years & older.
- All minors ages 17 years & under must be accompanied by an adult or legal guardian.
- All fishing trips include guide, rod, reel and transportation.

### Saltwater Night Pier Fishing

Saturday, December 7  
9 a.m.-5 p.m. • \$25 per person

### Winter Pier Fishing

Saturday, January 18  
9 a.m.-5 p.m. • \$25 per person  
It may be getting cold but the fishing will be heating up.

## KAYAKING

- Open to All SOFA Sponsored Personnel, Ages 18 years & older.

### Winter Guided Kayak Trip

Saturday, December 14  
11 a.m.-3 p.m. • \$40 per person  
Enjoy the 99 Islands area with a guided Kayak tour. Price includes guide, kayak and transportation.

## BIKING

- Open to All SOFA Sponsored Personnel, Ages 18 years & older.
- Price includes guide and bike.

### Bike Trip to Huis Ten Bosch

Sunday, December 15  
9:30a.m.-5:30 p.m. • \$10 per person  
See some great views of Sasebo City on the fairly long bike run.

### Sasebo Harbor Bike Ride

Sunday, February 16

1-5 p.m. • \$10 per person

You'll be surprised at all of the interesting things we'll discovery on our ride around Sasebo's busy Harbor.

## CAMPING

- Open to All SOFA Sponsored Personnel, Ages 18 years & older.

### Glamping Overnight Camping Trip

Saturday, January 25 -  
Sunday, January 26  
10 a.m.-5 p.m. • \$45 per person  
Trip includes everything you will need for a cozy winter camping adventure, including a heated hut, shower, western style toilet and sleeping bag. Please bring your own food and beverages. A grill and cooler will also be provided.

## SCUBA (NAUI)

- Open to All SOFA Sponsored Personnel, Ages 18 years & older.
- Classes available by appointment only.

### Basic Open Water SCUBA Diving Class with E-learning

Class times & days are as follows:

Friday: 3-6 p.m.

Saturday & Sunday:

8 a.m.-4 p.m.

\$350 per person

Certify for a Basic Open Water Diver license by successfully completing a three day course. Classes are held on Friday, Saturday and Sunday. All dive gear will be provided (except gloves and booties; may be purchased in the Hammerhead Dive Shop).

# SNOWBOARD TRIPS

- All snowboard trips include a helmet issued by OAC.

## MIZUHO TRIPS

- Open to all SOFA Sponsored Personnel, ages 18 years & up.

### PRICE GUIDE

- \$125 without gear
- \$195 with OAC snowboard set & gear. Gear includes a snowboard with bindings, snow jacket and pants, snowboard boots and a helmet.
- \$100 for those who qualify for the [Liberty Blue Jacket](#) program. All gear listed above is included in this price.

Mizuho Highland is a ski resort located in Shimane Prefecture. Enjoy a snow park with a half pipe, along with 14 different runs ranging from beginner to advance levels. The highest point of elevation is 1212m., while the longest run is 3600m. There are two areas open to snow enthusiast, the valley side along with the highland side. Trip prices are as listed above and all include transportation, guide and a lift ticket. Please bring plenty of Yen for food, we will stop on the way to the mountain as well as on the way back.

### Mizuho 1-Day Trips

Saturdays, January 11 & February 8

2 a.m.-11 p.m.

### MLK Day Special

Monday, January 20

2 a.m.-11 p.m.

### President's Day Special

Monday, February 17

2 a.m.-11 p.m.

## KUJU TRIPS

- Open to all SOFA Sponsored Personnel, all ages.

### PRICE GUIDE

- \$115 per person (includes transportation & lift ticket).

Join us on this family friendly adventure in the snow! Kuju Ski Kogen is located in Oita prefecture, and is one of only two ski resorts in Kyushu. While not the biggest resort, it has full service (including great food, rental gear and retail store). A great place for the experienced boarder to tune their skills and a wonderful place for beginners. The resort has a magic carpet lift, which is a conveyor belt system for beginners.

### Kuju 1-Day Trip

Friday, January 31 & Saturday, February 22

6 a.m.-6 p.m.



# LIBERTY CENTER

252-3756

## HOURS OF OPERATION

|                 |                   |
|-----------------|-------------------|
| Monday-Thursday | 11 a.m. - 10 p.m. |
| Friday          | 11 a.m. - 1 a.m.  |
| Saturday        | 10 a.m. - 1 a.m.  |
| Sunday          | 10 a.m. - 10 p.m. |

## SIGN-UP RULES

- To be eligible for the Liberty Program you must be active duty on single or unaccompanied orders.
- To be eligible for the Liberty Blue Jacket Program you must be active duty E5 or below on single or unaccompanied orders.
- Please bring ¥en on all trips for food, transportation and souvenirs.
- You can register for trips online via WebTrac, e-mail or at the center. **If you are eligible and utilizing the Liberty Blue Jacket Program, you must register in person at the center to receive the discount.** Sailors not able to register in person can contact us via e-mail for more information.

## LIBERTY BLUE JACKET PROGRAM

All Single or Unaccompanied E5 and below are eligible for special pricing with the Liberty Program. Just look for the Liberty Blue Jacket price on eligible trips and events throughout the entire showcase magazine.

# TASTY TUESDAYS

Free food and the latest Liberty offerings!

**TUESDAY, DECEMBER 17 • 6 P.M.**

**TUESDAY, JANUARY 21 • 11 A.M.**

**TUESDAY, FEBRUARY 18 • 11 A.M.**



# DECEMBER - FEBRUARY TRIPS & EVENTS



**Bio Park & Huis Ten Bosch**  
Saturday, December 7  
1 - 10:30 p.m.

E6 & up: \$58  
Liberty Blue Jacket: \$49  
Registration Deadline:  
Thursday, December 5



**Wonders of Shimabara Peninsula**  
Saturday, December 14  
9 a.m. - 8 p.m.

E6 & up: \$8  
Liberty Blue Jacket: \$5  
Registration Deadline:  
Thursday, December 12



**Urban Hiking with Raquel: Hirado**  
Saturday, December 21  
8 a.m. - 6 p.m.

E6 & up: \$8  
Liberty Blue Jacket: \$5  
Registration Deadline:  
Thursday, December 19

Please wear hiking shoes and bring water, snacks and ¥en.



**Christmas Eve Party**  
Tuesday, December 24  
4 - 10 p.m.

**FREE**

Come play with us!  
We'll have all things  
fun and festive!





### Liberty Christmas Day Party

Wednesday,  
December 25  
6:30 - 8:30 p.m.

**FREE**

Liberty will be open normal hours and spreading holiday cheer throughout the day. We will have classic holiday movies and a traditional dinner will be served at 6 p.m.



### Nagasaki Lantern Festival

Saturday, February 13 - 11:30 p.m.

E6 & up: \$10

Liberty Blue Jacket: \$5

Registration Deadline:  
Thursday, January 30



### Visit the Reclining Buddha & Fukuoka Christmas Markets

Saturday, December 28  
11:30 a.m. - 11:30 p.m.

E6 & up: \$8

Liberty Blue Jacket: \$5

Registration Deadline:  
Thursday, December 26



### Ice Skating & YouMe Town Mall in Kurume

Saturday, February 8  
9 a.m. - 5 p.m.

E6 & up: \$8

Liberty Blue Jacket: \$5

Registration Deadline:  
Thursday, February 6

Please bring Yen for ice skating, food, shopping and souvenirs. Ice skating entry is ¥1,790. Bowling is also available for those who don't want to ice skate.



### Urban Hiking with Raquel: Ureshino

Saturday, January 18  
12 - 6 p.m.

E6 & up: \$8

Liberty Blue Jacket: \$5

Registration Deadline:  
Thursday, January 16

Please wear hiking shoes and bring water, snacks and Yen.



### Explore Nagasaki! & Glass Blowing

Saturday, February 22  
9 a.m. - 6 p.m.

E6 & up: \$32

Liberty Blue Jacket: \$29

Registration Deadline:  
Thursday, February 20

Please bring Yen for food, shopping, souvenirs and transportation.



### Nagasaki Lantern Festival

Saturday, January 25  
3 - 11:30 p.m.

E6 & up: \$10

Liberty Blue Jacket: \$5

Registration Deadline:  
Thursday, January 23



### Sasebo Tops & Huis Ten Bosch

Saturday, February 29  
3 - 10:30 p.m.

E6 & up: \$58

Liberty Blue Jacket: \$49

Registration Deadline:  
Thursday, February 27





## FLEET FITNESS COMPLEX

252-3588

### HOURS OF OPERATION

|                         |                 |
|-------------------------|-----------------|
| <b>Monday-Friday</b>    | 5 a.m. - 9 p.m. |
| <b>Saturday-Sunday</b>  | 9 a.m. - 5 p.m. |
| <b>Federal Holidays</b> | 9 a.m. - 5 a.m. |

*24 hour fitness is located on the first floor and can only be accessed by swipe card. Please enroll for this program at the front desk of the Fleet Fitness Complex.*

## HARIO FITNESS CENTER

252-8960

### HOURS OF OPERATION

|                      |                  |
|----------------------|------------------|
| <b>Monday-Sunday</b> | 24 Hour Facility |
|----------------------|------------------|

*Cardio, soft play area & select machines are open after hours daily.*

## JANUARY

### Resolution Roll Out: 4-Week Healthy Habit Challenge

**Wednesdays, January 8, 15, 22 & 29**

Registration Dates: Monday, December 2 - Saturday, January 4

**6-7 a.m. • Free • Fleet Fitness Complex**

**Open to SOFA Sponsored Personnel,**

**Ages 18 years & older**

Join our team to guide your New Year's fitness and health resolutions. Attend weekly fitness and nutrition workshops to be introduced to simple and sustainable health habits. Then focus on completing weekly challenges that lead to year-round results. Prizes given every week to help you meet your goals! Commands can request program for command specific times if needed!

## FEBRUARY

### CFL Course

**Monday, February 10 - Friday, February 14**

**8 a.m.-5 p.m. • Free • Fleet Fitness Complex**

**Open to Active Duty Military Personnel Only**

**For more information, call 252-6899.**

### Squats & Brats

**Saturday, February 29**

Registration Deadline with t-shirt: Wednesday, January 29

Registration Deadline without t-shirt: Friday, February 28

**10 a.m.-12 p.m.**

Pre-brief & check in will be at 9:30 a.m.

Competition starts at 10 a.m.

**SOFA Sponsored Personnel:**

\$5 without t-shirt • \$25 with t-shirt

**Non-SOFA Sponsored Personnel:**

\$10 without shirt • \$30 with shirt

**Open to All CFAS, Ages 18 years & older**

Think you have what it takes to join the CFAS Heavy Lifter's Club? Join us for the first of the three-part competition, the back squat. Test your one rep max in the back squat and enjoy tasty brats as well.

Prizes for 1st and 2nd in each category, five available categories for males and females. Our staff will track your scores as you work towards achieving a total of 1,000 lbs. for males and 800 lbs. for females in the squat, dead-lift, and bench press. Please stop by the front desk for more information!

Register for all programs events at the Fleet Fitness Center front counter or online at:

<https://myffr.navyaims.com/wbwsc/jpnsasrec.wsc/wbsplash.html?wbp=1>

Please visit:

<https://www.navywmwrsasebo.com/fitness-aquatics> for the Group Exercise Schedule and fitness updates! Visit the Fleet Fitness Complex or Hario Fitness Center's front counter to join our e-mail list and receive our newsletter!





# INTRAMURAL SPORTS

252-6891

## INFORMATION

All intramural sports events and programs are open to SOFA Sponsored Personnel, Ages 18 years & older.

To register, please stop by the Fleet Fitness Complex or contact the sports coordinator, Robert Sipplin, at: [Robert.Sipplin@fe.navy.mil](mailto:Robert.Sipplin@fe.navy.mil)

## DECEMBER

### Captain's Cup Event

#### 5-on-5 Dodgeball Tournament

Friday, December 6

Registration Deadline: Wednesday, December 4

5 p.m. • Fleet Fitness Complex

Test your mobility and agility to see if you can dodge a ball. Let's get in the holiday spirit with a fun game of dodgeball.

#### 2-on-2 Badminton Tournament

Thursday, December 12

Registration Deadline: Wednesday, December 11

6 p.m. • Fleet Fitness Complex

When the weather gets cooler, come in and enjoy a fun game of badminton in a warm environment!

## JANUARY

### Table Tennis Tournament

Wednesday, January 8

Registration Deadline: Monday, January 6

6 p.m. • Fleet Fitness Complex

Who is the best Forest Gump impersonator? Come out and show us your best spin on the table.

### End of Season

#### Men's Flag Football Tournament

Saturday, January 25

Registration Deadline: Wednesday, January 22

10 Am. • Nimitz Park

Guys, let's end the season on a high note. The finale run to see which team is the greatest here in Sasebo.

## FEBRUARY

### Women's Flag Football Super Bowl

Saturday, February 1

Registration Deadline: Wednesday, January 29

10 a.m. • Nimitz Park

Open to All Women's IM Flag Football Teams

Ladies! Bring your talent to the field and see who has the best flag football team in Sasebo.





# AQUATICS PROGRAMS

252-2925

## FLEET FITNESS COMPLEX INDOOR POOL HOURS

**Monday-Friday** 5:30 a.m. - 7 p.m.

*At least three lap swim lanes will be open all day.*

**Saturday** 9 a.m. - 4:45 p.m.

*At least four lap swim lanes will be open all day.*

**Sunday** 11 a.m. - 4:45 p.m.

*At least four lap swim lanes will be open all day.*

**Federal Holidays** 11 a.m. - 4:45 a.m.

*At least four lap swim lanes will be open all day.*

## CLOSURE DAYS

**Wednesday, December 25  
& Wednesday, January 1**

## INDOOR POOL PARTY RESERVATIONS

**Friday-Sunday • Available after 6 p.m.**

### Package A • \$90

Includes (2) hours of use of the pool privately.  
Maximum guests 100 persons.

### Package B • \$135

Includes (3) hours of use of the pool privately.  
Maximum guests 150 persons.

## NOW HIRING

Lifeguards and Swim Instructors for our Aquatic Program. We offer training quarterly. Please contact the Aquatics Director.



## Dive-In Movies

**Friday, December 13** (Holiday • G- PG)

**Friday, January 10** (Adventure • PG)

**Friday, February 14** (Romantic • G - PG)

**5-7 p.m. • Free • FFC Indoor Pool**

Bring the family to the pool! Lounge, float or swim while watching a movie indoors.







## Wanna Try a Tri? Super Sprint Triathlon Saturday, January 25

Registration Dates: Thursday, January 2 - Saturday, January 25

**9:30 a.m.–12:30 p.m. • Free • FFC Indoor Pool**

Open to SOFA Sponsored Personnel, Ages 15 years & older

Challenge yourself to do the first step in triathlons, 400m pool swim, 10K spin bike and 2K treadmill run all in one day! Wave start.

## Swim Skills Clinic: Freestyle Friday, February 7

**5–6:30 p.m. • Free • FFC Indoor Pool**

Open to SOFA Sponsored Personnel, Ages 15 years & older

Drop in and tune up for Lap Swim or your PRT.

Participants must be able to swim at least 50 meters freestyle or sidestroke.

## Fitness & Masters' Swim Tuesdays & Thursdays December 3 - February 27

(No classes from Thursday, December 12 - Thursday, January 2)

**5:30–7 p.m. • Free • FFC Indoor Pool**

Open to SOFA Sponsored Personnel, Ages 15 years & older

Ever thought about training for a triathlon, continuing your swim team routine or want to learn how to swim for fitness? Join the group and have a coach guide you through proper stroke techniques and workouts to advance your swim potential.

## Lifeguard Ready! Fridays, January 10-31

**4–5 p.m. • Free • FFC Indoor Pool**

Open to SOFA Sponsored Personnel, Ages 14 years & older

Get ready for the ARC Lifeguard Training course swim tests and get in swimming shape too!

## WINTER SWIM LESSONS

GOVERNED BY AMERICAN RED CROSS GUIDELINES

### PRIVATE SWIM LESSONS

**Ages 3 years and older • 30 minutes each session**

*Providing personalized instruction to all levels.*

Appointments accepted from 8:30 a.m. - 6 p.m. at the FFC Indoor Pool Office.

**\$10 • 1 Instructor / 1 Student**

**\$15 • 1 Instructor / 2 Students of similar ability and maturity**

### GROUP SWIM LESSONS Parent Tot Lessons

**Ages 6 months - 3 years • Max of ten pairs**

**Level 1-2 • \$40**

Includes eight 30-minute group lessons.

### Pre-School Lessons

**Ages 4 - 5 years • Max of four students per class**

**Level 1-4 • \$40**

Includes eight 30-minute group lessons.

### Children Lessons

**Ages 6-15 years old • Max of six students per class**

**Level 1-6 • \$50**

Includes eight 45 minute group lessons.

### Adult Lessons

**Ages 15 years & older • Max of 8 students per class**

**Beginning & Intermediate • \$45**

Includes seven 45-minute group lessons.

**Adult Lessons for Active Duty are FREE!**





# SCHOOL AGE CARE

252-2989/252-8763

## HOURS OF OPERATION

|                         |                     |
|-------------------------|---------------------|
| <b>Monday</b>           | 6-8 a.m. - 2-6 p.m. |
| <b>Tuesday</b>          | 6-8 a.m. - 1-6 p.m. |
| <b>Wednesday-Friday</b> | 6-8 a.m. - 2-6 p.m. |
| <b>Saturday-Sunday</b>  | closed              |
| <b>Federal Holidays</b> | closed              |
| <b>No School Days</b>   | 6 a.m. - 6 p.m.     |

- Open to ages 5-12. Children must at least be enrolled in kindergarten.
- Please register for all trips and events at the Main Base or Hario School Age Care centers.
- Hourly fees will apply on all trips for children not enrolled in the Child & Youth Programs. Register at [www.militarychildcare.com](http://www.militarychildcare.com)

## SCHOOL AGE CARE & CHILD DEVELOPMENT CENTER HOURLY CARE PROGRAM

- Payments can be made at Main Base or Hario School Age Care Centers or Main Base or Hario Child Development Centers between 9 a.m. – 5 p.m. or Online at <https://myffr.navyaims.com/sasebocyp.html>
- Price for hourly care is \$5 per hour.
- Reservations are taken based on space availability. You can book your reservation up to 30 days in advance. Please call Main Base or Hario School Age Care Centers or go to <https://myffr.navyaims.com/sasebocyp.html> to make a reservation. Registration is needed in order to sign-up.

## BEFORE & AFTER SCHOOL CARE

- You can register for before & after school care at [www.militarychildcare.com](http://www.militarychildcare.com). Payments can be made at Main Base or Hario School Age Care Centers or Main Base or Hario Child Development Centers between 9 a.m. – 5 p.m. or Online at <https://myffr.navyaims.com/sasebocyp.html>.



## NATIONAL ARTS CONTEST LOCAL EXHIBITION

Friday, January 24

Registration Deadline: Friday, January 3

3:30 – 5 p.m. • Free • Sasebo Elementary School

Open to all Main Base & Hario Youth program  
enrolled youths, ages 6-18 years old.

### FINE ARTS CATEGORIES

1. Monochromatic Drawing
2. Multi-Colored Drawing
3. Oil or Acrylic Painting
4. Watercolor
5. Print Making
6. Collage
7. Mixed Media
8. Pastel
9. Group Projects

### PHOTOGRAPHY CATEGORIES

1. Nature & Surroundings
2. Culture & Traditions
3. Portraits
4. Editing & Filter
5. Fashion & Style

## WINTER CAMP

Monday, December 23 - Friday, January 3

Camp will be held at the Hario School Age Care Center

Departs at 9:30 a.m. Main Base SAC

Returns at 5 p.m. Main Base SAC

Cost is included in Before/After care fee or \$5 per hour for hourly care. Open to ages 5-12.

Children must at least be enrolled in kindergarten.

Enjoy a variety of educational activities, games and cooking tailored to winter theme.

### Round 1 Saga

Thursday, December 26

Departs at 9:30 a.m. Main Base SAC/Hario SAC

Returns at 5:30 p.m. Main Base SAC/Hario SAC

Enjoy ball pool athletics, table tennis, bubble soccer, arcades and much more at Round 1 in Saga. We will explore variety of fun activities at our favorite indoor leisure stadium. Please wear socks and dress appropriately for the weather and pack two bottles of water (No sodas allowed).

### Kurume Spoga Ice Skating

Thursday, January 2

Departs at 9:30 a.m. Main Base SAC/Hario SAC

Returns at 5:30 p.m. Main Base SAC/Hario SAC

Head to Fukuoka with us for an exciting day of ice-skating! Please pack 2 bottles of water, and dress appropriately for the weather and ice skating including gloves, socks, long pants and layers of long sleeves with change of clothes.

### Strawberry Picking and Bio Park

Wednesday, February 12

Registration Deadline: February 5

Departs at 9:30 a.m. Main Base SAC/Hario SAC

Returns at 5:30 p.m. Main Base SAC/Hario SAC

Cost is included in Before/After care fee or \$5 per hour for hourly care.

Fill your tummy with fresh ripe strawberries! You can pick and eat strawberries as many as you want for 40 minutes. Next we will go for an exciting adventure up close and interact with capybaras and so on at Bio Park Zoo. Please pack two bottles of water (No sodas allowed) and dress appropriately for the weather.





## PRETEENS & TEENS

252-2930/252-8968

**HOURS OF OPERATION (School Season)**

|                           |   |
|---------------------------|---|
| <b>Monday</b>             | 2:30-6 p.m.                                   |
| <b>Tuesday</b>            | 1:30-6 p.m.                                   |
| <b>Wednesday-Thursday</b> | 2:30-6 p.m.                                   |
| <b>Friday</b>             | 2:30-8 p.m.                                   |
| <b>Saturday</b>           | Open only for special events and field trips. |
| <b>Sunday</b>             | closed  |
| <b>Federal Holidays</b>   | closed  |
| <b>NO SCHOOL DAYS</b>     |   |
| <b>Monday-Thursday</b>    | 1 - 6 p.m.                                    |
| <b>Friday</b>             | 1 - 8 p.m.                                    |

- Open to ages 10-18. (18 year olds must be currently enrolled in High School.)
- Please register for all trips and events at the Main Base or Hario Teen centers.
- A minimum of 10 participants are required for all trips.
- Please do not pack any microwavable lunches, sodas, or dishes containing nuts on any trips.

### Sasebo Top Shop and Sushi

**Friday, December 20**

Registration Dates: Wednesday, December 4 –  
Wednesday, December 18

3–8 p.m. • \$26

Departs: Hario 3 p.m. • Main Base 3:30 p.m.

Returns: Main Base 7:30 p.m. • Hario 8 p.m.

Please be sure to dress appropriately for the weather. Bring pack lunch/snacks, and/or extra yen to purchase food/souvenirs.

### Marine World Fukuoka

**Friday, January 24**

Registration Dates: Thursday, January 2 – Friday, January 17

8 a.m. – 5 p.m. • \$27

Departs: Main Base 8 a.m. • Hario 8:30 a.m.

Returns: Hario 5 p.m. • Main Base 5:30 p.m.

This beautiful, chalky, shell-shaped aquarium is home to twenty thousand marine creatures from 450 species, it also features a dolphin and sea lion show. Please bring warm clothing, a pack lunch/snacks, and/or extra yen to purchase food/souvenirs.



# FAMILY INVOLVEMENT PROGRAMS

- Open to ages 5-18. Children and teens must be enrolled in kindergarten – 12th grade. Age group for each event varies.

## MAIN BASE & HARIO YOUTH FAMILY INVOLVEMENT PROGRAMS

Family engagement opportunities are designed to actively engage you and encourage ongoing participation in the CYP activities and in your child's program. This gives you a chance to build relationships with the staff, become familiar with how our programs operate, and allow you to be involved in your child's ongoing growth and development!

### EARN POINTS!

You can earn points, or CYP Rewards, by becoming actively involved in a wide range of activities or events with your children. The CYP Rewards are measured by the amount of time you spend participating in the activity (one CYP Reward for one hour) and the activity itself. When you accumulate a total of 10 CYP Rewards, you will receive a discount on your next childcare fee!



## SCHOOL AGE CARE EVENT OPEN TO AGES 5-12 YEARS OLD + PARENTS

**Youth Sponsorship Program:  
Welcome Party and Birthday Bash**  
Fridays, December 27, January 24 & February 21  
4 p.m. • Free Event  
Main Base & Hario School Age Care Centers

Welcome to Sasebo! Let us be the first place you make new friends, and if it's your birth month, celebrate with us with cake and ice cream!

## PRE-TEEN & TEEN EVENTS OPEN TO AGES 10-18 YEARS OLD + PARENTS

**Youth Sponsorship Program:  
Welcome Party and Birthday Bash**  
Thursday, December 19 • 4 p.m.  
Fridays, January 31 & February 28 • 4 p.m.  
Free Event • Main Base & Hario Teen Centers

Welcome to Sasebo! Let us be the first place you make new friends, and if it's your birth month, celebrate with us with cake and ice cream!

### Japanese Calligraphy ("Shuji")

Friday, January 3  
4 p.m. • Free • Main Base & Hario Teen Centers

Come and join us as we learn about 'Shuji'. Shuji Calligraphy is introduced to Japanese children at an early age, as is taught at Japanese elementary schools. This helps children realize that calligraphy and beautiful writing is not just a good skill to have, but is a reflection of their personality, and even their character. Learning Shuji calligraphy helps students of all ages to pay attention to details and yet have a broad view about things around them.

### Omura Kodomo no ie (Orphanage)

Friday, December 27  
Registration Dates:  
Monday, December 2 – Friday, December 20  
8 a.m. – 3 p.m. • Free

Bus Departs: Main Base 8 a.m. • Hario 8:30 a.m.  
Bus Returns: Hario 2:30 p.m. • Main Base 3 p.m.  
Torch Club and Keystone Club will be holding their annual Orphanage visit with fun-filled activities and donations from our center and parents. Please be sure to dress appropriately for the weather and be in closed-toe shoes. Bring packed lunch/snacks, and/or extra yen to purchase food. If you have Basic English Books for ages 3yrs-18yrs old that you do not need but in good condition, please feel free to drop them off at Main Base or Hario Teen Centers.

### Valentine's Day Parent and Pre-Teen/Teen Dance

Friday, February 14  
4–8 p.m. • Free • Hario Teen Center  
Join us as we celebrate the heart's day with music, activities and food.







## YOUTH SPORTS

252-2989

### REGISTRATION INFORMATION

- Please register at the Main Base CDC (252-2985), the Hario CDC (252-8842), the Main Base SAC (252-2989), or the Hario SAC (252-8763).
- Registration hours are Monday-Friday from 7 a.m. - 5:30 p.m.
- For those arriving in Sasebo after the registration deadline, registration is open on a space available basis. For more information, contact Youth Sports coordinator Cory Serfoss at 252-2989.

### YOUTH SPORTS COACHES WANTED

Sasebo is in need of more youth sport coaches for all sports. It doesn't matter if that particular sport isn't exactly your expertise any help is great help. Also as an extra bonus, if you coach a youth sports team and have a child enrolled, that one child participates free of charge. For more information, call 252-2989.

### PAYS

The Parents Association for Youth Sports (PAYS) program helps make parents aware of their roles and responsibilities, and how they can make their child's experience more enjoyable and positive. It is mandatory to complete the course before registering your child for a sports league. To get started, parents will need to (1) register at the link below, (2) complete the 40-minute video-training course and (3) read and acknowledge the Parents Code of Ethics pledge. After completion, you will receive a PAYS number that is valid for one year. Make note of the number and date your training was completed because it will be needed for the registration process for each sports season. For more information and to register, visit <https://paysonline.nays.org/>

### Basketball and Cheerleading Season Monday, January 27 – Saturday, March 21 Games start Saturday, February 1

Registration Dates: Monday, December 9 – Friday, January 10

\$60 per child with PAYS

(Pays must be valid until Saturday, March 21.)

Open to ages 5-18 years old.

(Must be enrolled in kindergarten - 12th grade.)

Players will need to purchase basketball shoes. Basketball registration fees include a jersey, officials, team equipment and end of season rewards. Registration fee for cheerleading includes uniform (top and skirt), field maintenance, end of season awards.

### Youth Sports Start Smart Basketball Saturday, February 1 – Saturday, March 21 (Only Saturdays)

Registration Dates: Monday, December 9 – Friday, January 10

Registration fee: \$25

Open to ages 3-5 years old. (Not yet enrolled in Kindergarten.)

Minimum of 10 / Maximum of 20 participants per clinic.

Participants will need to purchase basketball shoes. Start Smart is a parent and child skills development program where parents are required to be actively involved in all the daily activities. This once-a-week program is a parent-child program that will teach fundamental basketball skills.







# WINTER AT THE LIBRARY

252-3593

## HOURS OF OPERATION

|                  |                       |
|------------------|-----------------------|
| Monday-Tuesday   | 10 a.m. - 5 p.m.      |
| Wednesday        | 10 a.m. - 2 p.m.      |
| Thursday-Friday  | 10 a.m. - 5 p.m.      |
| Saturday         | closed                |
| Sunday           | 9:30 a.m. - 1:30 p.m. |
| Federal Holidays | closed                |

- Childcare will not be provided for any library event. Children under 10 years old must be accompanied by a parent or guardian.
- All programs are free. Give us a call or message us on Facebook at SaseboMWRLibrary for more information.
- Visit <https://www.navymwrdigitallibrary.org/> for ebooks, audio books, digital magazines, genealogy resources, digital newspapers, journals, auto repair, home repair, tutoring services and much, much more!
- The Hario Bookmobile is coming back! Visit us on Facebook at MWRSaseboLibrary to see the official return date. Come aboard our bookmobile to check out or return books (or other items), or even request items for delivery by the bus! Just call 252-3593 before 2 p.m. every Wednesday.

# ONGOING EVENTS

## MONTHLY BOOK CLUBS

Each month holds an exciting, new adventure to be read! Join your library staff as we read and discuss a new book every month. Please inquire with a librarian if you would like to join!

**Adult Book Club**  
Tuesdays, December 10,  
January 14 & 28, February 11 & 25  
4 p.m. • Ages 18 years & older  
The first twelve sign-ups will receive a free copy of the book of the month!

**Young Adult Book Club**  
Tuesdays, December 3 & 17,  
January 7 & 21, February 4 & 18  
4 p.m. • Ages 11-17 years old  
The first twelve sign-ups will receive a free copy of the book of the month!

**READ WITH A GIRL SCOUT**  
Tuesdays, December 10,  
January 14 & 28, February 11 & 25  
3:30-4:30 p.m. • Open to listeners & beginning readers  
The Sasebo Girl Scouts will be on hand to read or be read to, so drop by and pick out your favorite stories to read with a future leader-in-training!

**HOUR OF CODE**  
Fridays, January 10 & February 21  
3:30 p.m. • 2nd-8th Graders  
**MWR Library Computer Lab**  
It's never been quicker or easier to learn computer science! Have fun playing a game while learning the basics of computer code! Lessons will be announced as the dates approach. Note: Computer space is limited so please call 252-3593 or send us a Facebook message to reserve a seat.

**EARLY READER STORY TIME**  
Get ready to read early! We come together for story time to read, sing, and dance as we help children build key reading skills and offer tips to continue the fun of reading at home.

**Dinosaur Dig**  
Friday, January 17  
10 a.m. • Infant-3 years old

**Let's Love**  
Friday, February 14  
10 a.m. • Infant-3 years old



## DECEMBER **EVENTS**

### Letters to Santa

**Sunday, December 1 – Wednesday, December 18**  
Anytime • Open to all ages

Stop by in December to write a letter to Santa and put it in his special mailbox to the North Pole! Be sure to finish your letter by December 18 so Santa and his helpers have time to write back.

### **FAMILY STORY TIME**

#### Christmas with Mrs. Claus

**Thursday, December 12**

**3:30 p.m. • Open to ages 4-9 years old**

Please join us and our special guest, Mrs. Claus, as we get into the holiday spirit with our favorite Christmas classics.

### Winter Origami

**Monday, December 16**

**11 a.m. - 12 p.m. • Open to all ages**

**No registration required**

Join Eriko from FFSC and learn to make special seasonal origami creations.

## JANUARY **EVENTS**

### **FAMILY STORY TIME**

#### Buzz-worthy Family Story Time with Mason Mosher

**Thursday, January 23**

**3:30 p.m. • Open to all ages**

We have a published author amongst us! Mr. Mason Mosher will be reading excerpts from his book, Mason's Healing Honey Bees, giving a brief beekeeping presentation and signing copies of his book. We will be raffling off copies of his book and other beekeeping essentials- you must be present to win!

## FEBRUARY **EVENTS**

### Black Authors Matching Game

**Sunday, February 2 to Friday, February 14**

**Anytime • Open to all ages**

Celebrate Black History Month with the Library by matching the face of these famous authors to the books they have written.

### Blind-Date With a Book

**Wednesday, February 5 to Sunday, February 16**

**Anytime • Open to all ages**

February 14th is not only Valentine's Day, it's also Library Lovers' Day. Not allowed to date yet? Cupid got you down? Come in anytime during the week, and take home a good book instead! You won't know its contents until you get home, but the selections you'll choose from will hopefully lead to a second date.

### U.S. Presidents Matching Game Challenge

**Sunday, February 16 to Friday February 28**

**Anytime • Open to all ages**

Come out and test your smarts to see how fast you can match the Presidents' portraits in chronological order. The winner in each age group walks away with some very stately bragging rights!

### **FAMILY STORY TIME**

#### Celebrate Black Children's Authors!

**Thursday, February 20**

**3:30 p.m. • Open to ages 4-9 years old**

Let's get together to read and celebrate the works of some of our favorite black authors. (Like Faith Ringgold, John Steptoe and Derrick Barnes.)





# AUTO HOBBY SHOP

252-3977 • 252-2934

## HOURS OF OPERATION

**Wednesday - Friday** 4 - 8 p.m.

**Saturday** 12 - 8 p.m.

Safety Class completion required for admission. Registration is required for every class as space is limited. All patrons must bring their own approved eye, hearing and respiratory protection.



## Pen Making

**Thursdays • 4-6 p.m.**

Price will be determined by choice of material (pen kit included). Come and learn how to make a great looking pen kit for a loved one! We have pen kits on hand and pen blanks of many varieties.

## Picture Frame

**Thursdays • 5:30-7:30 p.m.**

Price will be determined by choice of material (pen kit included). Come learn how to make a picture frame for your family photos!

## Open Shop

**Saturdays • 1-6 p.m. • \$4 per hour**

This day is an open day where the customer can come in and bring some new ideas or projects in. Please come by and build something beautiful with our staff's help!

## Wood Hobby Shop Safety

**Saturdays • 12-12:30 p.m. • \$15**

Learn safety and basic operating procedures of both stationary and hand tools. There will be a brief introduction to the Wood Hobby Shop staff and rules. A WHS Safety card will be issued upon training completion and passing of the test. This card must be presented to the WHS staff to gain admittance to the shop.

## Ladies Oil Change Clinic

**Thursdays • 4:30-5:30 p.m. • \$5**

This is a great skills class that will teach you how to change your own oil. This will help you save money in the long run and keep your car running great!

## 5 Point Safety Check Class for Cars & Motorcycles

**Fridays • 4:30-5:30 p.m. • \$5**

This class that will teach you what to look for before starting any long road trips in your car or on your bike! Stay safe this winter with a check you can do yourself and in your driveway before those long winter drives!

## Basics of Vehicle Maintenance

**Saturdays • 2:30-3:30 p.m. • \$5**

This is a great skills class that will teach you how to change your own oil, brake pads, air filters and much more! This will help you save money in the long run and keep your car running great!

## Auto Hobby Safety Class

**Saturdays • 1-1:30 p.m. • Free**

Introduction to Auto Hobby Shop services, products, equipment and schedule. We will also cover basic safety practices that are in force at the Auto Hobby Shop. This class is mandatory for all patrons. An AHS Safety card will be issued upon training completion.

## SHOP NOTE

Going on deployment or vacation?  
Ask us about our long-term vehicle storage!

# WOOD HOBBY SHOP

252-3977

## HOURS OF OPERATION

**Thursday** 11 a.m. - 10 p.m.

**Saturday** 11 a.m. - 1 a.m.

Safety Class completion required for admission. Registration is required for every class as space is limited. All patrons must bring their own approved eye, hearing and respiratory protection.



## SHOP NOTE

We have many examples of what can be made at the WHS so please come in and check out the custom pieces on display.





## RELIGIOUS MINISTRIES

### MAIN BASE CHAPEL

#### Roman Catholic

**Confession:** Sunday • 8-8:30 a.m.

**Sunday Mass:** 8:30 a.m.

**Weekday Mass:** Monday, Wednesday & Thursday • 12 p.m.

#### Protestant Non-Denominational

**Women's Bible Study:** Tuesday • 9 a.m.

**Sunday Worship:** 11 a.m.

#### Seventh Day Adventist

(Civilian Worship Provider Service)

**Every 1st, 3rd & 4th Saturday:** 9:30 a.m.

**Monday Women's Bible Study:** 6 p.m.

**POC:** A.J. Romero; a\_j\_romero@yahoo.com

#### Buddhist

(Civilian Worship Provider Service)

**Every 2nd & 4th Saturday:** 11 a.m.

**POC:** Donald Pulling & Jim Wheeler

### HARIO CHAPEL

#### Protestant Non-Denominational

**Sunday:** 9:00 a.m.

#### Gospel Service

**Sunday Worship Service:** 11 a.m.

**POC:** CMDMC Patrick Lampley

#### Roman Catholic

**Weekday Mass:** Tuesdays • 12 p.m.

#### Women's Bible Study

**Wednesdays:** 10 a.m.

#### AWANA

**Sundays:** 3:30-5 p.m.

#### Check out our Facebook pages:

CFAS Catholic Community

CFAS Rel Min

## NAVY GATEWAY INNS & SUITES

252-3794

### TAD/TDY LODGING AND LEISURE (SPACE-AVAILABLE) ROOMS

- NGIS combines all the comforts of a hotel while specializing in official business accommodations.
- NGIS is the official and preferred lodging choice for all TDY travelers. We help meet fiscal & mission goals while delivering comfortable & welcoming accommodations with cost-saving rates.
- Leisure (Space-Available) reservations may be made 3 days in advance and are based on availability and mission requirements.
- Check-in time is 3 p.m. / Check-out time is 11 a.m.
- Amenities include: Free WIFI internet access, flat screen TV, free premium cable TV, Keurig coffee maker with coffee, microwave, hair dryer, iron with ironing board, clock radio and housekeeping services. Extra amenities are available at the front desk for guests' convenience.

#### TO MAKE RESERVATIONS:

**Call Direct:** 252-3794 • **Call Toll Free:** 1-877-NAVY-BED

(1-877 number not toll-free in all calling areas)

**Email:** ngis\_sasebo@fe.navy.mil • **Web:** www.dodlodging.net

**Fax:** 252-3530 • **Front Desk Open 24/7**

**Rooms start at only \$90!**

## NAVY-MARINE CORPS RELIEF SOCIETY

252-3366

### HOURS OF OPERATION

**Monday-Friday** 9 a.m. - 3 p.m.

**Facebook page:** Sasebo Navy-Marine Corps Relief Society

NMCRS Sasebo is located at the Main Base

Community Education Center (Bldg. 155).

Navy Marine Corps Relief Society is a non-profit volunteer service organization. We use financial and non-financial resources to identify solutions to meet the emerging needs of our service members and their families. We help clients to improve their personal financial skills and encourage individual financial responsibility.

### Budget 4 Baby

**Thursdays:** 19 December, 16 January & 20 February

**10 a.m.-11:30 a.m. • Free • Main Base CEC 2nd Floor Classroom**

Are you new to parenting? Stop by and learn about stretching those dollars to take care of a new baby!

### Knitting Group

**Mondays:** 2 & 16 December, 1 & 15 January and 3 & 17 February

**10 a.m.-12 p.m. • Free • Main Base CEC 2nd Floor**

Stop by for a cup of coffee, great conversation and to knit some baby blankets.

### Financial Date Night

**Tuesdays:** 11 December, 8 January, 12 February

**6 p.m.-8 p.m. • Free • USO Nimitz Park**

Learns the do's and don't of personal budgeting with pizza and refreshment courtesy of the USO!

### Parent Play & Learn

Every Tuesday • 10 a.m.-11:30 a.m. • Hario Chapel Classrooms C/D  
Weekly speakers with discussion topics alternating between a Dietitian and the New Parent Support Program.



# USO

252-3848

## HOURS OF OPERATION

### FLEET LANDING

**Sunday-Thursday** 9 a.m. - 12 a.m.  
**Friday-Saturday** 9 a.m. - 2 a.m.

After 5 p.m. & all weekend hours are provided by volunteer support only.

### NIMITZ PARK

**Sunday-Thursday** 12 - 10 p.m.  
**Friday-Saturday** 12 p.m. - 12 a.m.

### Volunteer with the USO!

Interested in volunteering at our Fleet Landing USO or at a special event? Sign up at [volunteers.uso.org](https://volunteers.uso.org) or give us a call at 252-3848.

### OUR MISSION

The USO strengthens America's military service members by keeping them connected to family, home and country, throughout their service to the nation.

### What Can YOUR Sasebo USO Do for You?

If you have a certain program or event you want to see in Sasebo, we're always looking for new and innovative ways to support the Sasebo Community—and we need your ideas! Stop by the Fleet Landing USO, give us a call at 252-3848 or e-mail the USO Sasebo Center Manager at [rannis@uso.org](mailto:rannis@uso.org). Also like us on Facebook @USOSasebo to stay up to date!



### Operation Birthday Cake

Help your special service member celebrate another trip around the sun with a personalized cake delivered to them on their special day. Additional information and ordering details can be found at <https://japan.uso.org/programs/operation-birthday-cake>

### USO Paint Night

**Last Friday of every month (Dates are subject to change, please check the USO Sasebo Facebook page for latest details)**  
**6 p.m. • Free • USO Nimitz Park**  
Swing by to create your own masterpiece! Our volunteer artist(s) can help give you pointers along the way – all supplies are provided and is open to artists of all skill levels. This event is first- come, first-served. All youths under 18 years old must be accompanied by a parent or an adult.

### Full Belly Fridays

**Fridays, December 13, January 10 & February 7**

**11 a.m. • Free • Fleet Landing USO**  
Stop by the Fleet Landing USO and see what surprise treats we have for you! Dates and location are subject to change with our schedule, so please check out USO Sasebo Facebook Page for additional details.

### Tot-Time

**Wednesdays, December 11, January 8 & February 12**

**9 a.m. • Free • Hario CEC Fellowship Hall**  
Join us for storytime, crafts, games and more! This event is designed for children age 2+, however, all ages are welcome. Dates are subject to change with our schedule, so please check out USO Sasebo Facebook Page for additional details.

### Financial Date Night

**Second Tuesday of every month**  
(Dates are subject to change; please check the USO Sasebo Facebook page for latest details)  
**6 p.m. • Free • USO Nimitz Park**  
Have questions about your finances? USO Sasebo in partnership with the Navy-Marine Corps Relief Society hosts Financial Date Night. Learn the basics of budgeting, investing and more!

# FLEET & FAMILY SUPPORT CENTER

252-3372

## FFSC RESOURCES

For information about a specific class, the monthly schedule, or to register, please call 252-FFSC (3372) or e-mail FFSC at [FFSCSASEBO@fe.navy.mil](mailto:FFSCSASEBO@fe.navy.mil)

We offer many workshops, including budgeting, deployment during the holidays, spouse groups, and child-friendly activities and field trips. Contact us for more information.



### Deployment Readiness

- Pre-Deployment & Post-Deployment Briefs
- Ombudsman Coordinator
- Individual Augmentee Support

### Relocation Assistance Program (RAP)

- Smooth Move
- Sponsorship Training
- Spouse Sponsorship Program
- Area Orientation Brief
- Intercultural Relations

### Life Skills Education

- Premarital Workshop
- Stress & Anger Management (Work & Family Life)
- Communication, Anger, Stress & Assertiveness (CASA) Training (Clinical)
- Organization and Crafting: Happy Planners! Forget Me Knot!
- English as a Second Language (ESL)
- Conversational Japanese
- White Rice Sensei Evening Japanese Lessons
- Hario Groups: Sasebo Connects, Ask Yuki-san, Crafteria & Fresh Market Friday

### Career Support Retention

- Transition GPS
- VA Benefit Counseling
- Career Options & Navy Skills

### Family Employment Readiness Program (FERP)

- Resume Writing
- Interview Techniques
- 10 Steps to Federal Employment
- Coffee & Career Chat

### Personal Finance Management (PFM)

- Command Financial Specialist Training
- Million Dollar Sailor
- Thrift Savings Plan Guidance Budget & Savings
- Home Buying
- How to Read an LES

### Exceptional Family Member Program (EFMP)

- Family Support and Case Management
- Information & Referral Services
- Individualized Service Plans

### New Parent Support

- Support services for military families expecting a child and/or for children up to four years old.
- In-home support services from a licensed clinician
- Weekly Playgroups on Main Base & Hario Housing
- Educational Workshops

### Crisis Response / Counseling Appointment Line

252-3100 or 252-3108

Family Advocacy Program for Victims of Abuse

**24 HOURS 7 DAYS A WEEK:**  
**090-1516-3797**

### Sexual Assault Prevention & Response (SAPR)

HOTLINE:

**24 HOURS, 7 DAYS A WEEK:**

**090-3010-1866 or 090-5920-5856**





## PAWS & CLAWS

252-2905

### HOURS OF OPERATION

**Monday-Friday** 9 a.m. - 2 p.m.  
**Saturday-Sunday** 10 a.m. - 2 p.m.

Please call us to confirm service availability. We look forward to welcoming pets into our heated and cooled facility.

### Doggie Day Care

Perfect for someone that needs a dog sitter while at work or for a few hours of day care while running errands. Our friendly staff will take good care of your dog or cat. We operate on a space available, first come, first served basis.

### Self-Service Care

For Self-Service Care, only the space is rented and the owner must come in to care for his pets. The owner is responsible for feeding the pets and cleaning the boarding area.

### Kennel Care

If you are going on vacation and need to house your dog or cat, look no further! We will take excellent daily care of your pet! Bring litter (for cats) and food, and we will do the rest.

Paws and Claws reserves the right to refuse care or to provide care to animals which are unsuitable for care in a kennel environment or which display aggressive behavior towards the staff, visitors or other pets.

## JOIN OUR TEAM AT MWR SASEBO

We always have job openings available. If you're new to Sasebo, or maybe just looking for a rewarding new opportunity, come and see what we have to offer!

### POSITIONS AVAILABLE INCLUDE:

- LIFEGUARDS
- CHILD & YOUTH PROGRAMS
- BARTENDERS
- FOOD SERVICES
- RECREATION AIDS:  
 FITNESS, THEATER, LIBRARY, LIBERTY CENTER  
 & OUTDOOR ADVENTURE CENTER

### TO LEARN ABOUT OUR LATEST AVAILABLE OPPORTUNITIES, PLEASE VISIT:

[HTTPS://WWW.NAVYMWRSASEBO.COM/  
 DIRECTORY-MORE/JOB-OPPORTUNITIES](https://www.navymwrsasebo.com/directory-more/job-opportunities)

[WWW.NAVYMWR.ORG/JOBS](http://WWW.NAVYMWR.ORG/JOBS)

VISIT OUR FACEBOOK @MWRSASEBOJAPAN OR STOP BY OUR HUMAN RESOURCES OFFICE ON THE SECOND FLOOR OF BUILDING PW-47.



# WE WANT YOU!

## JOIN OUR TEAM



## MWR ADMINISTRATION

**MWR Director**  
Scott Poluhowich • 252-3472

**Recreation Director**  
Walter Birkenheier • 252-1803

**Food & Beverage Director**  
Efrain Gracia • 252-1802

**Administration**  
252-3472  
Monday - Friday • 8 a.m. - 5 p.m.

**Human Resources**  
252-3328  
Monday - Friday • 8 a.m. - 4 p.m.

**Marketing Director**  
Shirley Tatto • 252-3930  
Monday - Friday • 8 a.m. - 5 p.m.

## FOOD & DRINK

**HARBOR VIEW CLUB**  
252-3965

**Manager**  
Kathleen Enos • 252-2942

**Catering Manager**  
Abegail Hall • 252-2952

**CHOPS AMERICAN GRILL**  
252-2955

**BRODIE'S**  
252-2977 / 252-2978

**Manager**  
Deryck Gorman • 252-2965

**Assistant Manager**  
Deborah Fagins • 252-2974

**GALAXIES' NIGHTCLUB**  
252-2980

**HARIO CANTINA**  
252-8857

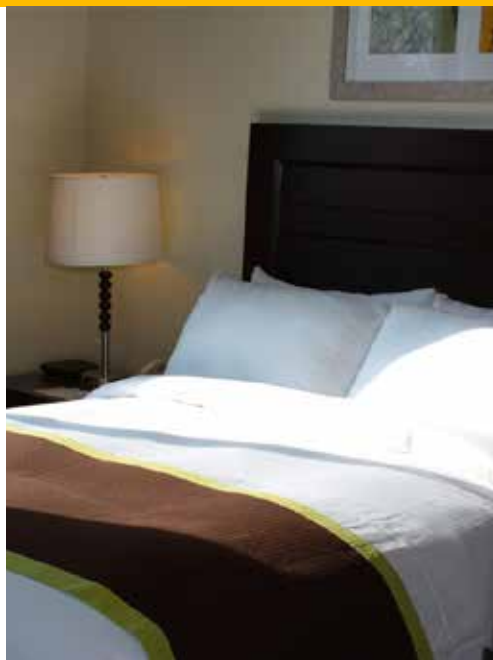
**SHOGUN CAFÉ (GALLEY)**  
252-3429

**Manager**  
FSO Nolly Dizon • 252-3573

**Breakfast:**  
Monday - Friday • 6-8 a.m.  
Saturday, Sunday  
& Holidays • 7-9 a.m.

**Lunch:**  
Daily • 10:30 a.m.-12:30 p.m.

**Dinner:**  
Daily • 4:30-6 p.m.



## CHILD & YOUTH PROGRAMS

**Administrator**  
Tina Sparks • 252-2908

**School Liaison Officer**  
Christy Johnson • 252-2206

**Youth Director**  
Deborah Andoga • 252-2184

**CHILD DEVELOPMENT CENTER**  
Main Base • 252-2985  
Hario • 252-8842

**Main Base Director**  
Lekesha Ingram • 252-2939

**Hario Director**  
Heather Chapa • 252-8847

**SCHOOL AGE CARE CENTER**  
Main Base • 252-2989  
Hario • 252-8763

**TEEN CENTER**  
Main Base • 252-3797  
Hario • 252-8968

**YOUTH SPORTS & FITNESS**  
252-2989

**Coordinator**  
Cory Serfoss

## FITNESS & AQUATICS

**Athletics Director**  
Brent Grubb • 252-2927

**Fitness Coordinator**  
VACANT • 252-6899

**Sports Coordinator**  
Robert Sipplin • 252-6891

**Aquatics Coordinator**  
VACANT • 252-2925

**FLEET FITNESS COMPLEX**  
252-3588  
Welcome Center • 252-3595

**HARIO FITNESS CENTER**  
252-8960

**HOSPITALITY**  
**NAVY GATEWAY INNS & SUITES**  
252-3794

**Manager**  
Juni Eiselstein • 252-2474



## COMMUNITY RECREATION

**DEPLOYED FORCES SUPPORT**  
252-6896

**Community Recreation Director**  
Wayne Newnam  
(2nd Floor of the Fleet Fitness Complex)  
Monday - Friday • 8 a.m. - 4:30 p.m.

**AUTO/WOOD HOBBY SHOPS**  
252-3977

**Manager**  
James Baker

**LIBERTY CENTER**  
252-3756

**Program Manager**  
Sara Drake • 252-2928

**LIBRARY**  
252-3593

**Senior Library Technician**  
Emily Sciolto • 252-2910

**OUTDOOR ADVENTURE CENTER**  
252-3500

**Manager**  
Charles Coleman

**PAWS & CLAWS**  
252-2905

**Manager**  
James Baker

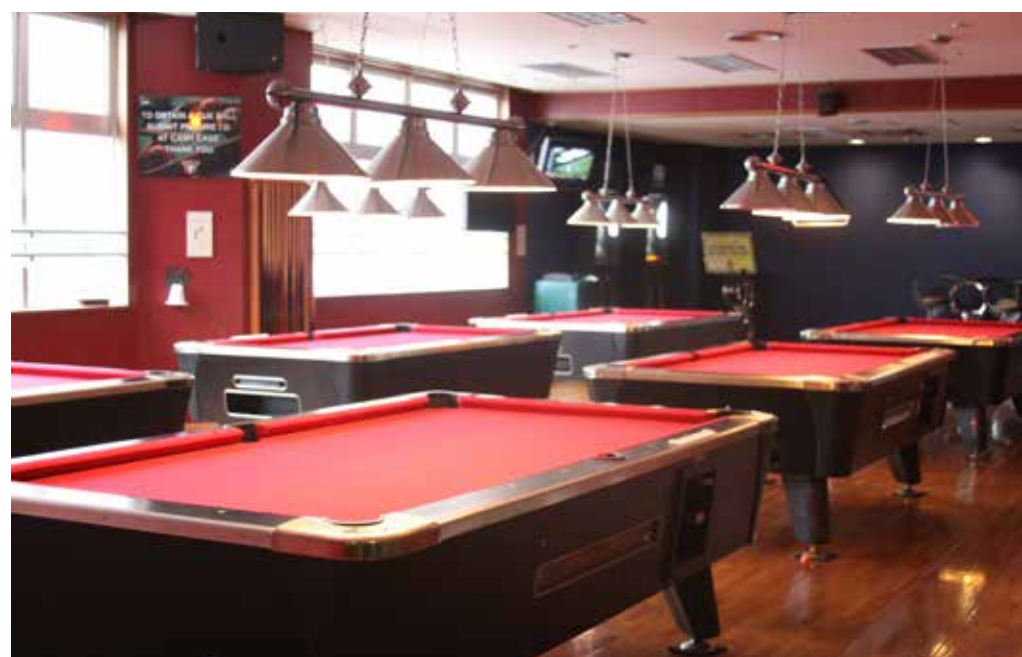
**TRAVEL & TOURS**  
252-3433/2165

**Manager**  
Paul Goodman • 252-2921

**THEATERS**  
Showboat Theater • 252-3822/6996  
Hario Village Theater • 252-8753

Movie times published weekly at  
[www.cnic.navy.mil/sasebo](http://www.cnic.navy.mil/sasebo)

**Manager**  
Joe Mendoza • 252-6996/3320







**CNIC**  
★ FLEET ★ FIGHTER ★ FAMILY



# PRO BLITZ

*Meet & Greet*

**Wednesday, January 29**

**12 p.m. • Free • Brodie's**

Open to All CFAS, All Ages

*\*More details to come!*

# DUELING PIANOS

**Tuesday, February 11**

**7 p.m. • Free**

**Harbor View Club**

Open to Ages  
18 years & Older

# WINTER ENTERTAINMENT

For more information, call 252-1802.



For more information,  
call 252-2980.



# BIG GAME

## Buffet & Bash

### Monday, February 3

**Doors open at 8 a.m. • Free Entry**

(Food & drinks available for purchase)

**Brodie's & Galaxies' Third Floor**



**All-You-Can-Eat Burrito,  
Taco & Nacho Bar & Wing  
Station on the 3rd deck!**  
(Available for purchase)

It's one of America's loudest and  
proudest unofficial holidays!

Get your game face on at  
Brodie's for the championship  
of professional football;

**Super Bowl LIV** broadcast live  
in HD on both floors. Brodie's  
Footballer Buffet will have you  
double covered from breakfast  
to lunch, along with super drink  
specials, quarterly prize  
giveaways and a paper  
football kicking contest!

