



2023 Youth Sports and Fitness Sports Camp Calendar

Commander Fleet Activities Sasebo, CFAS



Registrations will be accepted on a space available basis after the open registration period listed.

Sport	Open Registration	Session Dates	Ages	Session Time	Session Time	Session Time	Cost
				5-9 YO	9-18 YO	3-5 YO	
Sports Camps & Activities							
Spring Tennis Clinic	2/27-3/10	3/20-3/31	5-14	4:00-4:50PM	5:00-5:50PM	N/A	\$20
Volleyball Clinic	5/8 - 5/12	5/29 - 6/9	5-18	4:00-4:50PM	5:00-5:50PM	N/A	\$20
Sports Night @ Nimitz	5/29 - 6/9	6/15	10-18		6:00-8:00PM	N/A	\$20
Summer Fitness Camp	Jun 5- until filled	6/12 - 6/23	5-18	9-11AM	12-2PM	N/A	\$20
Summer Fitness Camp	Jun 5- until filled	7/10 - 7/21	5-18	9-11AM	12-2PM	N/A	\$20
Summer Fitness Camp	Jun 5- until filled	8/7 - 8/18	5-18	9-11AM	12-2PM	N/A	\$20
Start Smart	Same as league dates	League Dates	3-5	N/A	N/A	N/A	\$25
2023 Sports Leagues							
Spring Soccer LG	2/27 - 3/17	4/3 - 5/27	3-18	Sessions twice a week - M-TH-S 1600-1830			\$60
Baseball LG	7/31 - 8/11	8/21 - 10/14	3- 18	Sessions twice a week - M-TH-S 1600-1830			\$60
Flag Football/ Cheer LG	10/3 - 10/14	10/16 - 12/17	3- 18	Sessions twice a week - M-TH-S 1600-1830			\$60
Basketball /Cheerleading LG	12/12-12/30/22	1/23 - 3/18	3- 18	Sessions twice a week - M-TH-S 1600-1830			\$60

Players aged 3-5 years old and programs with a Start Smart logo will only pay \$25 / sport season. Start Smart combines with every league

Calendar information, dates, aging date, and cost are subject to change. Any questions email cory.n.serfoss.naf@us.navy.mil

Steps to Register for Youth Sports Activities and Programs:

(1) Complete a Navy Child and Youth Program Registration Packet: <https://elibrary.cnrc-n9portal.net/familyenrollment/youth-pro-grams/recreational-programs/>

(2) Complete a PAYS orientation training - Link to PAYS training: <https://www.nays.org/paysonline/>

(3) Email forms and PAYS Certification to: MWRCYPSPORTS@fe.navy.mil

(4) Fitness Camps in the Summer include multiple sports such as badminton, soccer, swimming etc.

Aging Date indicates the day we will use to determine your child's age for the program. This is typically the day of the program.

For more information about a particular sport or if your interested in volunteering, please contact the Youth Sports and Fitness Coord. at 252-8763