DIRECTORY

MWR ADMINISTRATION
Administration - 252-3472
Monday - Friday • 8 a.m. - 5 p.m.
Human Resources: 252-3328

FOOD & BEVERAGE
HARBOR VIEW CLUB
252-3965
CHOPS AMERICAN GRILL
252-2955
BRODIE’S
252-2977 / 252-2978
GALAXIES’ NIGHTCLUB
252-2980
SHOGUN CAFÉ (GALLEY)
252-3429

CHILD & YOUTH PROGRAMS
CHILD DEVELOPMENT CENTER
Main Base • 252-2985
Hario • 252-8842
SCHOOL AGE CARE CENTER
Main Base • 252-2989
Hario • 252-8763
TEEN CENTER
Main Base • 252-3797
Hario • 252-8968
YOUTH SPORTS & FITNESS
252-2989

FITNESS & AQUATICS
FLEET FITNESS COMPLEX • 252-3588
Welcome Center • 252-3595
HARIO FITNESS CENTER
252-8960

COMMUNITY RECREATION
DEPLOYED FORCES SUPPORT
252-6896
AUTO/WOOD HOBBY SHOPS
252-3977
LIBERTY CENTER
252-3756
LIBRARY
252-3593
OUTDOOR ADVENTURE CENTER
252-3500
PAWS & CLAWS
252-2905
TRAVEL & TOURS
252-3433/2165

STAY CONNECTED!
Follow us on Facebook at
MWR Sasebo Japan
Visit our official webpage at
www.navymwrsasebo.com

JOIN OUR TEAM
AT MWR SASEBO
JOB OPENINGS INCLUDE:
LIFEGUARDS • BARTENDERS •
CHILD & YOUTH PROGRAMS •
FOOD SERVICES • RECREATION AID •
FITNESS • THEATER • LIBRARY •
LIBERTY CENTER •
OUTDOOR ADVENTURE CENTER

FOR WEEKLY JOB LISTINGS, VISIT:
HTTPS://WWW.NAVYMWRSASEBO.COM/
DIRECTORY-MORE/JOB-OPPORTUNITIES

Now through December 31, 2022
MWR AT-A-GLANCE

Christmas Day
BUFFET
AT THE HARBOR VIEW CLUB
RESERVATIONS OPEN DECEMBER 5
HOLIDAY TAKE-OUT MEALS
OPEN DEC. 5 - DEC. 19
FOR MORE INFORMATION, CALL 252-3965.

Stay Connected!
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MWR AT-A-GLANCE

MONDAY-FRIDAY • 11 A.M.-2 P.M.
HARBOR VIEW CLUB
Monday
Pastrami Burger with Cheesy Fries
Tuesday
Chicken Parmesan Alfredo Pasta
Wednesday
California Chicken Burrito
Thursday
Pork Katsu Curry
Friday
Reuben’s Cousin
(Broth take on the classic Reuben sandwich)

SUNDAY BRUNCH
HARBOR VIEW CLUB - SAKATA BALLROOM
EVERY SUNDAY
10 A.M.-2 P.M.
Ages 12 & up: $15
Ages 6-11: $7
Ages 5 & under: FREE

For more information, call 252-3965.

LUNCH SPECIALS

MONDAY-FRIDAY • 11 A.M.-2 P.M.
HARBOR VIEW CLUB
Monday
Tita’s Chicken Sandwich
Tuesday
BLT Wrap
Wednesday
BBQ Chicken Salad
Thursday
Pipe-Burger Chili
Friday
Chipotle Chicken Bowl

For more information, call 252-3965.

Join our Team
At MWR Sasebo
Job Openings Include:
Lifeguards • Bartenders •
Child & Youth Programs •
Food Services • Recreation Aid •
Fitness • Theater • Library •
Liberty Center •
Outdoor Adventure Center

For Weekly Job Listings, Visit:
https://www.navymwrsasebo.com/directory-more/job-opportunities
UPCOMING...

5 Point Safety Check Class for Cars and Motorcycles
AT THE AUTO HOBBY SHOP
Fridays - 4:30-5:30 p.m. - $5
This class will teach you what to look for before starting any long road trips with your car or bike. Stay safe this winter with a check you can do yourself and in your driveway before those long winter drives.

Auto Hobby Safety Class
AT THE AUTO HOBBY SHOP
Saturdays - 11:30 a.m. - Free
Introduction to Auto Hobby Shop services, products, equipment and schedule. We will also cover basic safety practices that are in force at the Auto Hobby Shop. This class is mandatory for all patrons. An AHS Safety card will be issued upon training completion.

Pen Turning Class
AT THE WOOD HOBBY SHOP
Thursdays - 5:30-7 p.m. - $4 per hour plus pen kit
Learn how to turn a museum quality wood or acrylic pen! This is a great class for everyone, wood enthusiasts and novices alike. Have fun and walk away with a finished pen. *You must first complete WHS Safety Class to participate.

Wood Hobby Shop Safety Class
AT THE WOOD HOBBY SHOP
Saturdays - 12-1 p.m. - $15
Learn safety and basic operating procedures of both stationary and hand tools. There will be a brief introduction to the Wood Hobby Shop staff and rules. A WHS Safety card will be issued upon training completion and passing of the test. This card must be presented to the WHS staff to gain admittance to the shop.

Candy Cane Walk
WITH OUTDOOR ADVENTURE CENTER
Saturday, December 24
11 a.m. - 3 p.m. - Free
Open to all SOFA Sponsored Personnel. Join us as we walk around the Sasebo Area burning some calories as we prepare for the holiday season. Bring Yen for snacks and drinks. Difficulty Level: 1-2

Yufuin Street Shopping & Kokonoe Yume Suspension Bridge
WITH LIBERTY
Saturday, December 17 | 7:30 a.m. - 8 p.m.
Registration Deadline: 12/16
$8 & up: $8, LB3: $5
*To be eligible for the Liberty Program you must be Active Duty on Single or Unaccompanied Orders.

New Year’s Resolution Atago Hike
WITH OUTDOOR ADVENTURE CENTER
Saturday, December 31
10 a.m. - 3 p.m. - $30
A great way to end the year and start the New Year with some fresh air and exercise. Bring yen for snacks and drinks. Level 2-3

Galaxies New Year’s Eve Party
Saturday, December 31
9 p.m. - 2 a.m. - $52 per person
Ring in the 2023 with elegance and sophistication. Join us as we watch the countdown to the Tokyo Ball Drop live! Celebration includes beverages, appetizers, desserts, party favors, and champagne toast at midnight. Enjoy the best Hip Hop, Latin, Afro Dance, Top 70's, 80's, 90's, and 2000 hits! Dress code strictly enforced - dress to impress. Open to all with base access, ages 20 years and older. Tickets can be purchased at the Brodie’s cash cage or Food Court.

MCAS Iwakuni Shopping
WITH TRAVEL AND TOURS
Saturday, January 14
Depart: MB 6:45 a.m. | Hario 7:30 a.m.
Return: Hario 9:30 p.m. | MB 10 p.m.
Adults: $59, Junior/Child: $49, Infant: $39
Spend an afternoon at MCAS Iwakuni and see what their new exchange has to offer. *To be eligible for the Liberty Program you must be Active Duty on Single or Unaccompanied Orders.

Be sure to get your after hour access card from the FPC front desk. Schedule is subject to change without notice.

MAIN BASE

MONDAY
- 2’s Day Spin - $  6-7 p.m.
- Zumba - 6-7 p.m.
- Yoga - 6-7 p.m.
- Jiu-Jitsu - $  6-7 p.m.

TUESDAY
- Yoga - 6-7 p.m.
- Jiu-Jitsu - $  6-7 p.m.

WEDNESDAY
- Yoga - 6-7 p.m.
- Jiu-Jitsu - $  6-7 p.m.

THURSDAY
- Yoga - 6-7 p.m.
- Jiu-Jitsu - $  6-7 p.m.

FRIDAY
- Yoga - 6-7 p.m.
- Jiu-Jitsu - $  6-7 p.m.

HARIO

MONDAY
- Zumba - 6-7 p.m.
- K-POP FIT Dance - 6-7 p.m.
- Functional Fitness - 6-7 p.m.

TUESDAY
- Zumba - 6-7 p.m.
- K-POP FIT Dance - 6-7 p.m.
- Functional Fitness - 6-7 p.m.

WEDNESDAY
- Zumba - 6-7 p.m.
- K-POP FIT Dance - 6-7 p.m.

THURSDAY
- Zumba - 6-7 p.m.
- K-POP FIT Dance - 6-7 p.m.