

> LOCATION KEY:

● NIMITZ

● HARBOR VIEW CLUB

● FLEET FITNESS COMPLEX

SASEBO OLYMPICS

4
SUN

5
MON

6
TUES

7
WED

8
THUR

9
FRI

10
SAT

**ROWING
2K CONTEST
6:30 - 7:30 A.M.**

**FLAG FOOTBALL
6 - 9:30 P.M.**

**25M & 50M
FREESTYLE SWIM
10:30 A.M. - 1 P.M.**

**DEADLIFTS
FOR REPS
5 - 7 P.M.**

**SOCCER
6 - 9:30 P.M.**

**FLAG FOOTBALL
6 - 9:30 P.M.**

**TRIVIA
5 P.M.**

**SOCCER
6 - 9:30 P.M.**

**SOFTBALL
8 A.M.**

**5K
9 A.M.**

**SAND
VOLLEYBALL
11 A.M. - 1 P.M.**

11
SUN

12
MON

13
TUES

14
WED

15
THUR

16
FRI

17
SAT

**SOFTBALL
8 A.M.**

**TABLE TENNIS
10 A.M.**

**BASKETBALL
5 - 8 P.M.**

**SOCCER
6 - 9:30 P.M.**

**KICKBALL
5 - 8 P.M.**

**BASKETBALL
5 - 8 P.M.**

**PICKLEBALL
6 - 8 P.M.**

**SUPER SMASH
BROS
TOURNAMENT
5 P.M.**

**KICKBALL
5 - 8 P.M.**

**PICKLEBALL
6 - 8 P.M.**

**AWARDS
CEREMONY**

One team per sporting event and one individual for individual events for all commands. All team sporting events will be in a single elimination tournament format.

Pickleball - 2 person team

Basketball - 3 person team

Flag Football - 7 person team

Soccer - 11 person team

Kickball - 7 person team

Trivia - 4 person team

Sand Volleyball - 4 person team

Rowing - 2 individuals per command

Video Game - 2 person team

Table Tennis - individual event

Deadlifts for Reps - No limit on participants. Males 225lbs, females 155lb.

5k - 2 individuals per command will be scored; no limit on participants

25M and 50M freestyle races - Individual events. One person per command, per race, = 2 total

TEAM RULES